

Kindergarten and TK Classes FALL 2026

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11 Weeks	13 Weeks	12 Weeks	13 Weeks	13 Weeks
TK 1:10-2:20	Knots, Strings & Fabric Things	Muffin Madness	Reading Adventures	Fun with Food	Mixed Media Art
KINDER 1:30-2:20	Griffin Judo	Gymnastics	Basketball	Mindfulness Yoga	Tennis
	Sports Medley	Flag Football	Circus Arts	Theater Games	Chess
	Tennis	Creative Clay	Pastel Art	Off the Block	<i>Mindfulness</i>
	Junior Gardening	<i>Music and Fun (for TK only)</i>	<i>Tennis (for TK only)</i>	S.T.E.M. with LEGO®	<i>Yoga (for TK only)</i>
			Baseball		

Chess for Kindergartners

Instructor Checkmate Academy

Location Community Center Room 1

Friday 1:30-2:20

Class size 6-10

Cost \$350 (13 weeks)

Checkmate Academy's after-school program introduces students to the exciting world of chess in a fun and supportive environment. Our classes cover key strategies, tactics, and game principles while helping students develop critical thinking and problem-solving skills. Chess challenges students to think ahead, analyze positions, and make strategic decisions - skills that benefit them both on and off the board. Through hands-on instruction and structured play, students sharpen focus, improve concentration, and learn to adapt in a dynamic and interactive setting. Join our chess program and experience the fun and excitement of the world's best strategy game!

Circus Arts for Kindergartners

Instructor Doug "Slim" McNeely

Location Community Center Main Room

Wednesday 1:30-2:20

Class size 6-10

Cost \$310 (12 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, balancing and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

Creative Clay for Kindergartners

Instructor Jeanne Rehrig
Location Recreation Building Room B
Tuesday 1:30-2:20
Class Size 6-7
Cost \$360 (materials provided) 13 weeks

Join Jeanne as we explore the possibilities of working with air dry clay. We'll learn the basics of sculpting and building as we create pots, figurines and more. Slabs, coils and pinch pots can be used as the base for all kinds of fun projects. In the end, we'll paint our finished creations with vibrant acrylic colors.

Fun with Food for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Thursday 1:30-2:20
Class Size 6-7
Cost \$360 (materials provided) 13 weeks

Get ready to embark on a delightful journey into the world of Kindergarten Culinary Creations, where we encourage kids to play with their food and make fun, edible masterpieces! This hands-on class is all about sparking creativity, developing essential cooking skills, and having a blast while creating delicious and sometimes silly but always delightful treats. Please let us know if your child has special food requirements.

Griffin Judo for Kindergartners

Instructor Griffin Judo Staff
Location Community Center Main Room
Monday 1:30-2:20
Class Size 6-16
Cost \$290 (11 weeks)

Judo is a Japanese Martial Art and Olympic sport. In this class, Students will learn the basics of Kodokan Judo. They will learn to roll and fall safely and will practice basic Judo standing throws (Tachi Waza), Ground Techniques (Ne Waza), as well as some self-defense techniques, all in a fun and safe environment. Students will also learn about Japanese traditions and terms related to the practice of Judo. Each class will start with Warm up and will teach important Judo values such as respect, discipline and mutual welfare. There is an option to purchase a Judogi (Judo uniform) if you don't already have one for \$60.

Gymnastics for Kindergartners

Instructor Bindy Baker
Location Community Center Main Room
Tuesday 1:30-2:20
Class Size 8-12
Cost \$340 (materials provided) 13 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

Junior Gardening for Kindergartners

Instructor Jill Soward
Location Recreation Building Room B
Monday 1:30-2:20
Class size 6-7
Cost \$300 (materials provided) 11 weeks

Calling all junior gardeners: join us for an afternoon of fun and learning in the soil. We will explore different themes like seeds, flowers, compost, and erosion, through hands-on activities. By nurturing different growing spaces, students will find their individual connections to nature.

Knots, Strings and Fabric Things for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Monday 1:30-2:20
Class size 6-7
Cost \$330 (materials provided) 11 weeks

Kinder pre-sewing class. Kids will learn early sewing skills tying knots and bows, threading a needle, sewing simple stitches as they make fun fabric creations.

Mindfulness Yoga for Kindergartners

Instructor Lori Hess
Location Community Center Main Room
Thursday 1:30-2:20
Class Size 6-7
Cost \$305 (13 weeks)

Mindfulness Yoga for Transitional Kindergartners

(Open to Transitional Kindergartners only)

Instructor Lori Hess
Location Community Center Main Room
Friday 1:10-2:20
Class Size 6-7
Cost \$315 (13 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

Mixed Media Art for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Friday 1:30-2:20
Class Size 6-7
Cost \$350 (materials provided) 13 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

Muffin Madness for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 1:30-2:20
Class Size 6-7
Cost \$350 (materials provided) 13 weeks

Sure, muffins are on the menu, but the "madness" is that everything we make will be in a muffin tin. From mini "A"pple pies to "Z"esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured!

Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

Music and Fun for Transitional Kindergartners

(open to Transitional Kindergartners only)

Instructor Melita Silberstein
Location Recreation Center Room B
Tuesday 1:10-2:20
Class Size 8-10
Cost \$305 (13 weeks)

A fun and engaging class for kids- comprised of sing-alongs, dance-alongs, yoga, puppets, story boards, and instruments play. Encourages tonal and pattern recognition, body and spatial awareness, and age-appropriate social skill building.

Off the Block S.T.E.M. with LEGO® for Kindergartners

Instructor Ian McAvoy
Location Recreation Center Room B
Thursday 1:30-2:20
Class Size 8-20
Cost \$320 (materials provided) 13 weeks

If you can think it, you can build it! Off the Block S.T.E.M. classes will help your child explore fundamental STEM concepts using LEGO® as a part of a fun, engaging environment in which they learn as they play. This class aims to provide a dynamic and interactive learning experience, combining hands-on building with the principles of STEM education. Each class is a new adventure and every build is accompanied by a sense of accomplishment that directly fuels your child's self-esteem.

Pastel Art for Kindergartners

Instructor Jeanne Rehrig
Location Recreation Building Room C
Wednesday 1:30-2:20
Class Size 6-7
Cost \$350 (materials provided) 12 weeks

Join Jeanne as we explore the possibilities of making art with oil pastels. We'll start with some basic drawing techniques, then let our imaginations run wild. By focusing on basic shapes, it's easy to create a work of art that's interesting for young students. Plus, the intense colors of oil pastels are fun for anyone.

Reading Adventures for Kindergartners

Instructor Vicky Brodt
Location Community Center Room 1
Wed. 1:30-2:20
Class Size 6-7
Cost \$320 (materials provided) 12 weeks

A lifelong love of reading is the door to adventure. This class will help set your child on that adventure. Each week the class will start with a reading circle. Your child is encouraged to bring a favorite book, when it's their week to share. We will focus on letter recognition, letter sounds, rhyming, reading comprehension, story structure and more. Kindergartners of all reading abilities are welcome.

Skyhawks Baseball for Kindergartners

New Class!

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Thursday 1:30-2:20
Class Size 6-10
Cost \$325 (13 weeks)

Learning the fundamentals of baseball has never been so much FUN! Participants will be divided into circuit groups to develop their skills and confidence through a series of age-appropriate games and Skyhawks original competitions. Our enthusiastic staff, age-appropriate curriculum, and modified equipment allow kids of all abilities to learn through play with lots of encouragement and a big focus on fun. Our development objectives include throwing, catching, hitting, base-running, coordination, balance, body movement, leadership, sportsmanship, teamwork, and self-esteem. Your child will leave with new skills, new friends, and a new love for baseball!

Skyhawks Basketball Fun and Fundamentals for Kindergartners

Instructor Skyhawks Staff
Location Basketball Courts
Wednesday 1:30-2:20
Class Size 6-10
Cost \$360 (12 weeks)

Dribble, pass, and shoot! This beginner-level basketball class is designed specifically for kindergartners to introduce the basics of basketball in a fun and engaging way. Through exciting games and activities, young players will learn fundamental skills like ball handling, teamwork, and coordination in a supportive and energetic environment.

Skyhawks Sports Medley for Kindergartners

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Monday 1:30-2:20
Class Size 6-10
Cost \$275 (11 weeks)

SKYHAWKS AFTER-SCHOOL SPORTS MEDLEY This action-packed enrichment program combines baseball, basketball, flag football, soccer, and volleyball into an exciting multi-sport adventure. Participants experience two weeks of each sport, concluding with our Multi-Sport Tournament on the final day, where our young athletes can showcase their new skills alongside their new friends. Each week, participants will learn sport-specific fundamentals, leadership, teamwork, and sportsmanship through interactive drills, skill reinforcement games, and Skyhawks' original competitions. Our amazing coaches create a positive environment where kids of all abilities can develop at their own pace with lots of encouragement and a big focus on FUN!

Skyhawks Flag Football for Kindergartners

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Tuesday 1:30-2:20
Class Size 6-10
Cost \$375 (13 weeks)

This skill-based clinic was designed to give players a competitive advantage on the field. Using our innovative age-appropriate curriculum, this program teaches boys and girls skill development, teamwork, sportsmanship, leadership and strategy.

Tennis for Kindergartners

Instructor Dan Seguin
Location Tennis Courts

Monday 1:30-2:20
Class size 5-8
Cost \$290 (equipment provided) 11 weeks

Friday 1:30-2:20
Class size 5-8
Cost \$340 (equipment provided) 13 weeks

Tennis for Transitional Kindergartners only

Instructor Dan Seguin
Location Tennis Courts

Wednesday 1:10-2:20 (TK ONLY)
Class size 5-8
Cost \$355 (equipment provided) 12 weeks

In this fun and active class, young tennis students are taught the basics of tennis in a fun and environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. Rackets are provided.

Theater Games for Kindergartners

Instructor Geri Engberg
Location Recreation Building Room C
Thursday 1:30-2:20
Class size 6-7
Cost \$305 (materials provided) 13 weeks

In this class, students will be introduced to theater games and improvisation scenes designed to build confidence and promote cooperation. Listening and teamwork in the midst of silliness and laughter is the goal. There will be lots of movement and the amount of focused scene work we do will be determined by the ability level of the class.

