

Kindergarten and TK Classes WINTER 2026

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8 Weeks	9 Weeks	9 Weeks	9 Weeks	9 Weeks
1:30-2:20	Knots, Strings & Fabric Things Griffin Judo Olympics (for K and TK) Tennis Junior Gardening	Muffin Madness Gymnastics Flag Football Music and Fun (for TK only) Making the Master Artist	Reading Adventures (for K and TK) Basketball Circus Arts Tennis Pastel Art Multi Sports (for TK only)	Fun with Food Mindfulness Yoga (for K and TK) Theater Games Off the Block Legos	Mixed Media Art Tennis Playground Olympics (for K and TK) Hula Hooping Chess

Chess for Kindergartners

Instructor Checkmate Academy
Location Community Center Room 1
Friday 1:30-2:20
Class size 6-10
Cost \$240 (9 weeks)

Checkmate Academy's after-school program introduces students to the exciting world of chess in a fun and supportive environment. Our classes cover key strategies, tactics, and game principles while helping students develop critical thinking and problem-solving skills.

Chess challenges students to think ahead, analyze positions, and make strategic decisions - skills that benefit them both on and off the board. Through hands-on instruction and structured play, students sharpen focus, improve concentration, and learn to adapt in a dynamic and interactive setting. Join our chess program and experience the fun and excitement of the world's best strategy game!

Circus Arts for Kindergartners

Instructor Doug "Slim" McNeely
Location Community Center Main Room
Wednesday 1:30-2:20
Class size 6-10
Cost \$230 (9 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, balancing and acrobatics. Students will also be introduced to

theatrical expression, clowning, and creative movement.

Fun with Food for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Thursday 1:30-2:20
Class Size 6-7
Cost \$235 (materials provided) 9 weeks

Get ready to embark on a delightful journey into the world of Kindergarten Culinary Creations, where we encourage kids to play with their food and make fun, edible masterpieces! This hands-on class is all about sparking creativity, developing essential cooking skills, and having a blast while creating delicious and sometimes silly but always delightful treats. Please let us know if your child has special food requirements.

Griffin Judo for Kindergartners

Instructor Griffin Judo Staff
Location Community Center Main Room
Monday 1:30-2:20
Class Size 6-16
Cost \$220 (8 weeks)

Judo is a Japanese Martial Art and Olympic sport. In this class, Students will learn the basics of Kodokan Judo. They will learn to roll and fall safely and will practice basic Judo standing throws (Tachi Waza), Ground Techniques (Ne Waza), as well as some self-defense techniques, all in a fun and safe environment. Students will also learn about Japanese traditions and terms related to the practice of Judo. Each class will start with Warm up and will teach important Judo values such as respect, discipline and mutual welfare. There is an option to purchase a Judogi (Judo uniform) if you don't already have one for \$60.

Gymnastics for Kindergartners

Instructor Bindy Baker
Location Community Center Main Room
Tuesday 1:30-2:20
Class Size 8-12
Cost \$230 (materials provided) 9 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

Hula Hooping for Kindergartners

Instructor Nikki Sund (Miss Kitty)
Location Community Center Main Room
Friday 1:30-2:20
Class size 5-8
Cost \$220 (materials provided) 9 weeks

This class blends hula hooping with body movement and dance, helping kids feel the rhythm and flow as they move. From the individual tricks learned in class, kids will build playful combos, then work up to learning a choreographed routine set to music in groups. In addition to these skills, we'll play interactive games like "Hoop Freeze Dance" and "Hoop Train," sparking creativity, building confidence, and giving everyone a chance to express themselves with joy and movement!

Junior Gardening for Kindergartners

Instructor Jill Soward
Location Recreation Building Room B
Monday 1:30-2:20
Class size 6-7
Cost \$210 (materials provided) 8 weeks

Calling all junior gardeners: join us for an afternoon of fun and learning in the soil. We'll explore different themes like seeds, flowers, compost, and erosion, through hands-on activities. By nurturing different growing spaces, students will find their individual connections to nature.

Knots, Strings and Fabric Things for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Monday 1:30-2:20
Class size 6-7
Cost \$215 (materials provided) 8 weeks

Kinder pre sewing class. Kids will learn early sewing skills tying knots and bows, threading a needle, sewing simple stitches as they make fun fabric creations.

Making the Master Artist for Kindergartners

Instructor April Schlanger
Location Recreation Building Room C
Tuesday 1:30-2:20
Class Size 6-8
Cost \$235 (materials provided) 9 weeks

Discover your inner artist while exploring the great masters! Each week, students will learn about a different famous artist — their life, inspirations, and unique style. Using a variety of art materials, students will create their own masterpieces inspired by these legendary artists.

Mindfulness Yoga for Kindergartners and Transitional Kindergartners

Instructor Lori Hess
Location Community Center Main Room
Thursday 1:30-2:20
Class Size 6-7
Cost \$220 (9 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts.

Mixed Media Art for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Friday 1:30-2:20
Class Size 6-7
Cost \$235 (materials provided) 9 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

Muffin Madness for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 1:30-2:20
Class Size 6-7
Cost \$235 (materials provided) 9 weeks

Sure, muffins are on the menu, but the "madness" is that everything we make will be in a muffin tin. From mini "A"pple pies to "Z"esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured!

Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

Music and Fun for Transitional Kindergartners

This class will be open to Transitional Kindergartners only.

Instructor Melita Silberstein
Location Recreation Center Room B
Tuesday 1:30-2:20
Class Size 8-10
Cost \$220 (9 weeks)

A fun and engaging class for kids- comprised of sing-alongs, dance-alongs, yoga, puppets, story boards, and instruments play. Encourages tonal and pattern recognition, body and spatial awareness, and age-appropriate social skill building.

Off the Block S.T.E.M. with LEGO® for Kindergartners

Instructor Ian McAvoy
Location Recreation Building Room B
Thursday 1:30-2:20
Class Size 8-20
Cost \$230 (materials provided) 9 weeks

In this hands-on winter-themed LEGO® STEM class, young engineers will explore the science of snow, the magic of ice, and the wonders of winter through creative building challenges. From constructing cozy cabins and icy igloos to designing snowball launchers and avalanche-proof vehicles, students will dive into the cool world of physics, engineering, and imagination.

Pastel Art for Kindergartners

Instructor Jeanne Rehrig
Location Recreation Building Room C
Wednesday 1:30-2:20
Class Size 6-7
Cost \$235 (materials provided) 9 weeks

Join Jeanne as we explore the possibilities of making art with oil pastels. We'll start with some basic drawing techniques, then let our imaginations run wild. By focusing on basic shapes, it's easy to create a work of art that's interesting for young students. Plus, the intense colors of oil pastels are fun for anyone.

Reading Adventures for Kindergartners and Transitional Kindergartners

Instructor Vicky Brodt
Location Community Center Room 1
Wed. 1:30-2:20
Class Size 6-7
Cost \$235 (materials provided) 9 weeks

A lifelong love of reading is the door to adventure. This class will help set your child on that adventure. Fun projects and activities will help develop and reinforce early reading skills. Each week the class will start with a reading circle. Your child is encouraged to bring a favorite book, when it's their week to share. We will focus on letter recognition, letter sounds, rhyming, reading comprehension, story structure and more. Kindergartners of all reading abilities are welcome.

Skyhawks Basketball Fun and Fundamentals for Kindergartners

Instructor Skyhawks Staff
Location Basketball Courts
Wednesday 1:30-2:20
Class Size 6-10
Cost \$220 (9 weeks)

Dribble, pass, and shoot! This beginner-level basketball class is designed specifically for kindergartners to introduce the basics of basketball in a fun and engaging way. Through exciting games and activities, young players will learn fundamental skills like ball handling, teamwork, and coordination in a supportive and energetic environment.

Skyhawks Field Olympics for Kindergartners and Transitional K's

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Monday 1:30-2:20
Class Size 6-10
Cost \$210 (8 weeks)

This multi-sport program combines all your favorite Skyhawks sports & games into one action-packed enrichment class. Participants will learn and play fun Skyhawks variations of Baseball, Basketball, Capture the Flag, Flag Football, Soccer, Track & Field, Volleyball as well as adding in favorite camp games like Tag, Dodgeball, and Wall Ball.

Skyhawks Flag Football for Kindergartners

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Tuesday 1:30-2:20
Class Size 6-10
Cost \$220 (9 weeks)

This skill-based clinic was designed to give players a competitive advantage on the field. Using our innovative age-appropriate curriculum, this program teaches boys and girls skill development, teamwork, sportsmanship, leadership and strategy.

Skyhawks Multi-Sports for Transitional Kindergartners

Instructor Skyhawks Staff
Location Grassy Field near Recreation Center
Wednesday 1:30-2:20
Class Size 6-10
Cost \$220 (9 weeks)

Skyhawks Playground Olympics for Kindergartners and Transitional K's

Location Grassy Field near Recreation Center
Friday 1:30-2:20
Class Size 5-10
Cost \$220 (9 weeks)

Wrap up your week in style with Skyhawks new Playground Olympics! Our Playground Olympics includes fun Skyhawks Variations of Capture the Flag, Dodgeball, Four Square, Handball, Kickball, Relay Races, Ultimate, Tag, Wall Ball & more! By adding just the right amount of friendly competition, this program teaches kids skill development, teamwork, sportsmanship, leadership, and strategy. Bring your friends or be ready to make new ones.

Tennis for Kindergartners

Instructor Dan Seguin
Location Tennis Courts

Monday 1:30-2:20
Class size 5-8
Cost \$200 (equipment provided) 8 weeks

Wednesday 1:30-2:20
Class size 5-8
Cost \$220 (equipment provided) 9 weeks

Friday 1:30-2:20
Class size 5-8
Cost \$220 (equipment provided) 9 weeks

In this fun and active class, young tennis students are taught the basics of tennis in a fun and cooperative environment that emphasizes lots of movement and hand-eye coordination. Sportsmanship is always emphasized. Rackets are provided.

Theater Games for Kindergartners

Instructor Geri Engberg
Location Recreation Building Room C

Thursday 1:30-2:20
Class size 6-7
Cost \$220 (materials provided) 9 weeks

In this class, students will be introduced to theater games and improv scenes designed to build confidence and promote cooperation. Listening and teamwork in the midst of silliness and laughter is the goal. There will be lots of movement and the amount of focused scene work we do will be determined by the ability level of the class.

