

Kindergarten and TK Classes FALL 2025

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11 Weeks	13 Weeks	14 Weeks	14 Weeks	14 Weeks
1:30-2:20	Knots, Strings & Fabric Things Griffin Judo Olympics (for K and TK) Tennis	Muffin Madness Gymnastics Flag Football Music and Fun (for TK only) Spanish K	Reading Adventures (for K and TK) Basketball Circus Arts Tennis Pastel Art Multi Sports (for TK only)	Fun with Food Mindfulness Yoga (for K and TK) Theater Games Spanish K	Mixed Media Art Off the Block Legos Tennis Playground Olympics (for K and TK) Little Chefs

Circus Arts for Kindergartners

Instructor Doug "Slim" McNeely
 Location Community Center Main Room
 Wednesday 1:30-2:20
 Class size 6-10
 Cost \$350 (14 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, balancing and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

Fun with Food for Kindergartners

Instructor Vicky Brodt
 Location Community Center Kitchen
 Thursday 1:30-2:20
 Class Size 6-7
 Cost \$360 (materials provided) 14 weeks

Get ready to embark on a delightful journey into the world of Kindergarten Culinary Creations, where we encourage kids to play with their food and make fun, edible masterpieces! This hands-on class is all about sparking creativity, developing essential cooking skills, and having a blast while creating delicious and sometimes silly but always delightful treats. Please let us know if your child has special food requirements.

Griffin Judo for Kindergartners

Instructor Griffin Judo Staff
Location Community Center Main Room
Monday 1:30-2:20
Class Size 6-16
Cost \$290 (11 weeks)

Judo is a Japanese Martial Art and Olympic sport. In this class, Students will learn the basics of Kodokan Judo. They will learn to roll and fall safely and will practice basic Judo standing throws (Tachi Waza), Ground Techniques (Ne Waza), as well as some self-defense techniques, all in a fun and safe environment. Students will also learn about Japanese traditions and terms related to the practice of Judo. Each class will start with Warm up and will teach important Judo values such as respect, discipline and mutual welfare. There is an option to purchase a Judogi (Judo uniform) if you don't already have one for \$60.

Gymnastics for Kindergartners

Instructor Bindy Baker
Location Community Center Main Room
Tuesday 1:30-2:20
Class Size 8-12
Cost \$325 (materials provided) 13 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

Knots, Strings and Fabric Things for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Monday 1:30-2:20
Class size 6-7
Cost \$290 (materials provided) 11 weeks

Kinder pre sewing class. Kids will learn early sewing skills tying knots and bows, threading a needle, sewing simple stitches as they make fun fabric creations.

Little Chefs, Big Hearts: A Cooking & Community Class for Kindergartners

Instructor Rubab Waheed
Location Community Center Kitchen
Friday 1:30-2:20
Class size 6-8
Cost \$450 (14 weeks)

In this fun, hands-on class, our youngest chefs will explore the basics of cooking—from helping in the kitchen to setting the table with care. Using ingredients from our everyday pantry, we'll find creative and playful ways to turn simple items into something special. Children will be encouraged to explore new flavors, try different textures, and be adventurous with their taste buds. Together, we'll prepare a meal, set the table, and sit down as one big family to share food, stories, and laughter with friends.

Mindfulness Yoga for Kindergartners and Transitional Kindergartners

Instructor Lori Hess
Location Community Center Main Room
Thursday 1:30-2:20
Class Size 6-7
Cost \$325 (14 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

Mixed Media Art for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Friday 1:30-2:20
Class Size 6-7
Cost \$360 (materials provided) 14 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

Muffin Madness for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 1:30-2:20
Class Size 6-7
Cost \$335 (materials provided) 13 weeks

Sure, muffins are on the menu, but the "madness" is that everything we make will be in a muffin tin. From mini "A"pple pies to "Z"esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured!

Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

Music and Fun for Transitional Kindergartners

This class will be open to Transitional Kindergartners only.

Instructor Melita Silberstein
Location Recreation Center Room B
Tuesday 1:30-2:20
Class Size 8-10
Cost \$300 (13 weeks)

A fun and engaging class for kids- comprised of sing-alongs, dance-alongs, yoga, puppets, story boards, and instruments play. Encourages tonal and pattern recognition, body and spatial awareness, and age-appropriate social skill building.

Off the Block S.T.E.M. with LEGO® for Kindergartners

Instructor Ian McAvoy
Location Community Center Main Room
Friday 1:30-2:20
Class Size 8-20
Cost \$350 (materials provided) 14 weeks

If you can think it, you can build it! Off the Block S.T.E.M. classes will help your child explore fundamental STEM concepts using LEGO® as a part of a fun, engaging environment in which they learn as they play. This class aims to provide a dynamic and interactive learning experience, combining hands-on building with the principles of STEM education. Each class is a new adventure and every build is accompanied by a sense of accomplishment that directly fuels your child's self-esteem.

Pastel Art for Kindergartners

Instructor Jeanne Rehrig
Location Recreation Building Room C
Wednesday 1:30-2:20
Class Size 6-7
Cost \$335 (materials provided) 14 weeks

Join Jeanne as we explore the possibilities of making art with oil pastels. We'll start with some basic drawing techniques, then let our imaginations run wild. By focusing on basic shapes, it's easy to create a work of art that's interesting for young students. Plus, the intense colors of oil pastels are fun for anyone.

Reading Adventures for Kindergartners and Transitional Kindergartners

Instructor Vicky Brodt
Location Community Center Room 1
Wed. 1:30-2:20
Class Size 6-7
Cost \$360 (materials provided) 14 weeks

A lifelong love of reading is the door to adventure. This class will help set your child on that adventure. Fun projects and activities will help develop and reinforce early reading skills. Each week the class will start with a reading circle. Your child is encouraged to bring a favorite book, when it's their week to share. We will focus on letter recognition, letter sounds, rhyming, reading comprehension, story structure and more. Kindergartners of all reading abilities are welcome.

Skyhawks Basketball Fun and Fundamentals for Kindergartners

Instructor Skyhawks Staff
Location Basketball Courts
Wednesday 1:30-2:20
Class Size 6-10
Cost \$350 (13 weeks)

Dribble, pass, and shoot! This beginner-level basketball class is designed specifically for kindergartners to introduce the basics of basketball in a fun and engaging way. Through exciting games and activities, young players will learn fundamental skills like ball handling, teamwork, and coordination in a supportive and energetic environment.

Skyhawks Field Olympics for Kindergartners and Transitional K's

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Monday 1:30-2:20
Class Size 6-10
Cost \$300 (11 weeks)

This multi-sport program combines all your favorite Skyhawks sports & games into one action-packed enrichment class. Participants will learn and play fun Skyhawks variations of Baseball, Basketball, Capture the Flag, Flag Football, Soccer, Track & Field, Volleyball as well as adding in favorite camp games like Tag, Dodgeball, and Wall Ball.

Skyhawks Flag Football for Kindergartners

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Tuesday 1:30-2:20
Class Size 6-10
Cost \$320 (13 weeks)

This skill-based clinic was designed to give players a competitive advantage on the field. Using our innovative age-appropriate curriculum, this program teaches boys and girls skill development, teamwork, sportsmanship, leadership and strategy.

Multi-Sports for Transitional Kindergartners

Instructor Samantha Ponticas

Location Big Grass Lawn

Wednesday 1:30-2:20

Class Size 6-10

Cost \$350 (14 weeks)

Skyhawks Playground Olympics for Kindergartners and Transitional K's

Location Grassy Field near Recreation Center

Friday 1:30-2:20

Class Size 5-10

Cost \$ 350 (14 weeks)

Wrap up your week in style with Skyhawks new Playground Olympics! Our Playground Olympics includes fun Skyhawks Variations of Capture the Flag, Dodgeball, Four Square, Handball, Kickball, Relay Races, Ultimate, Tag, Wall Ball & more! By adding just the right amount of friendly competition, this program teaches kids skill development, teamwork, sportsmanship, leadership, and strategy. Bring your friends or be ready to make new ones.

Tennis for Kindergartners

Instructor Dan Seguin

Location Tennis Courts

Monday 1:30-2:20

Class size 5-8

Cost \$255 (equipment provided) 11 weeks

Wednesday 1:30-2:20

Class size 5-8

Cost \$320(equipment provided) 14 weeks

Friday 1:30-2:20

Class size 5-8

Cost \$320 (equipment provided) 14 weeks

In this fun and active class, young tennis students are taught the basics of tennis in a fun and environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. Rackets are provided.

Theater Games for Kindergartners

Instructor Geri Engberg

Location Recreation Building Room C

Thursday 1:30-2:20

Class size 6-7

Cost \$325 (materials provided) 14 weeks

In this class, students will be introduced to theater games and improv scenes designed to build confidence and promote cooperation. Listening and teamwork in the midst of silliness and laughter is the goal. There will be lots of movement and the amount of focused scene work we do will be determined by the ability level of the class.

KASEP FALL 2025 WEEKLY SCHEDULE OF CLASSES

	1:30PM-2:20PM Kindergarten and TK	2:30PM-3:40PM Grades 1-3	2:50PM-3:40PM Grades 4-6	3:50PM-5PM
MONDAY	Knots, Strings and Fabric Things (C) Olympic Sports K&TK(RCG) Griffin Judo (CCM) Tennis (TC)	Homework Club (A) 1-6 Hand Sewing (C) 2-6 Olympics (RCG) Griffin Judo (CCM) Tennis (TC)	Homework Club (A) 1-6 Hand Sewing (C) 2-6	Machine Sewing (C) 3-6 Volleyball (RCG) 4-6 Griffin Judo (CCM) 4-6 Tennis (TC) 4-6
TUESDAY	Gymnastics (CCM) Muffin Madness (CCK) Flag Football (RCG) Music and Fun TK only (B) Spanish (CC1)	Homework Club (A) 1-6 Gymnastics (CCM) Muffin Madness (CCK) Flag Football (RCG) Creative Clay (B)) Spanish (CC1)	Homework Club (A) 1-6	Gymnastics (CCM) 4-6 Muffin Madness (CCK) 2-6 Magic Advanced (A) 3-7 Flag Football (RCG) 4-6 Creative Clay (B) Spanish (CC1)
WEDNESDAY	Reading Adv. K & TK (CC1) Basketball (BC) Circus Arts (CCM) Tennis (TC) Athletics TK (RCG) PastelArt (C)	Homework Club (A) 1-6 Carpentry (B) Basketball (BC) Chocolate Creations (CCK) Circus Arts (CCM) Tennis (TC) Pastel Art (C)	Homework Club (A) 1-6	Carpentry (B) 3-6 Chocolate Creations (CCK) 2-6 Basketball (BC) 4-6 Circus Arts (CCM) 4-6 Tennis (TC) 2-6 Pastel Art © World of Tabletop Role Playing Games (A) 3-6
THURSDAY	Yoga K & TK (CCM) Fun with Food (CCK) Theater Games (C) Spanish (CC1)	Beginning Carpentry (B) 2-3 Homework Club (A) 1-6 Yoga (CCM) 1-4 Improv (C) Cooking around the World (CCK) Spanish (CC1)	Homework Club (A) 1-6 Yoga (CCM) 1-4	Cooking around the World (CCK) Improv (C) 4-6 American Sign Language (A) 3-6 Spanish (CC1) Nature Explorers (B) 1-4 Lacrosse (RCG) 4-6
FRIDAY	Mixed Media Art (C) Off the Blocks Legos (CCM) Tennis (TC) Playground Olympics K&TK (RCG) Little Chefs (CCK)	Homework Club (A) 1-6 Mixed Media Art C 1-4 Playground Olympics (RCG) Coding Frenzy (B) 2-3 Tennis (TC) Off the Blocks Legos (CCM) Little Chefs (CCK)	Homework Club (A) 1-6 Mixed Media Art (C) 1-4	Python Power: Coding (B) 4-6 Begin & Intermediate Embroidery 2-6 (C) Playground Olympics (RCG) Tennis (TC) 4-6 World of Tabletop Role Playing Games (A) 3-6

CC Community Center (Rooms: Main, 1, 2, 3, Kitchen) RC Recreation Building (Rooms: A, B, C) BC Basketball Court RCG Grassy Field near Recreation Center TC Tennis Courts

FALL 2025

We will have a bridge activity (Homework Club) beginning right after school only for kids who are enrolled in a later KASEP class that day. There will be an additional fee for this activity and you can only enroll on the day your child has a KASEP class. See Homework Club in class descriptions for more detailed information.

American Sign Language for Grades 3-6 - Introductory/Intermediate

Instructor Leah Forrest
Location Recreation Building Room A
Thursday 3:50-5:00
Class size 6-8
Cost \$305 (14 weeks)

In this American Sign Language (ASL) class, we will learn the basic signs through games and art projects and continue more advanced signing for returning students. The class will cover both letter signs and numbers up to 100 as well as common sentences and phrases used to communicate between friends.

Beginning Carpentry for Grades 2-3

Instructor: Sean Brodt
Location: Recreation Building Room B
Thursday 2:30-3:40
Class Size 6
Cost \$390 (materials provided) 14 weeks

In this class, kids can make name boards, cars, boats, trucks, and planes, boxes and doll houses, marble mazes and pinball machines—all out of wood using real carpentry tools. Sean has been assisting Sandy in her classes this year, and is ready to teach a class on his own. He's very patient and encouraging to new young carpenters. They are always thrilled to take home a project they built themselves.

Carpentry for Grades 1-3

Instructor Sandy Thacker
Location Recreation Building Room B
Wednesday 2:30-3:40
Class Size 6-8
Cost \$395 (materials provided) 14 weeks

There's magic in creating something from nothing. You see something you really like, but instead of buying it, you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, if it's a paddle boat, a marble maze, a birdhouse, a xylophone, or another item you come up with, it's always a great feeling to take it home to play with or use, or give as a special gift.

Carpentry Workshop for Grades 3-6

Instructor Sandy Thacker

Location Recreation Building Room B

Wednesday 3:50-5:00

Class Size 6-8

Cost \$395 (materials provided) 14 weeks

There is a great satisfaction in working with wood. As you get more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else, it's a special feeling to know that you made it yourself to use or give as a wonderful personal gift.

Chocolate Creations for Grades 1-3

Instructor Vicky Brodt

Location Community Center Kitchen

Wednesday 2:30-3:40

Class Size 6-8

Cost \$370 (materials provided) 14 week session

Chocolate Creations for Grades 2-6

Instructor Vicky Brodt

Location Community Center Kitchen

Wednesday 3:50-5:00

Class Size 6-8

Cost \$370 (materials provided) 14 week session

Chocolate, Chocolate and more Chocolate! Let's have fun learning to work with chocolate. Truffles, dipped treats, cookies, chocolate mousse and cakes for sure; but we will also discover some other unusual things to make with chocolate. Parents: be aware there will be sweet treats in this class.

Circus Arts for Grades 1-3

Instructor Doug "Slim" McNeely

Location Community Center Main Room

Wednesday 2:30-3:40

Class size 6-10

Cost \$350 (14 weeks)

Circus Arts for Grades 4-6

Instructor Doug "Slim" McNeely

Location Community Center Main Room

Wednesday 3:50-5:00

Class size 6-10

Cost \$350 (14 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, rolla bolla, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

Coding Frenzy - Introduction to Programming using Scratch for Grades 2-3

Instructor CoderSchool Staff
Location Recreation Building Room B
Friday 2:30-3:40
Class size 10-15
Cost \$390 (14 weeks)

Your aspiring coder will be introduced to the fundamentals of coding and computer programming by creating animated stories, art and games using Scratch (developed at MIT). Scratch is a drag-and-drop platform that allows young programmers to play and build with sprites and blocks while setting a foundation for logical thinking. Using a project-based curriculum, students will learn and practice important coding concepts such as: variables, loops, if/then/else logic and Cartesian coordinates. Students will gain general skills like problem solving, teamwork, code debugging, and perhaps most importantly, will learn and practice the logical thinking skills required to program a computer at any level.

Coding: Python Power, Intro to Programming Using Python for Grades 4-6

Instructor CoderSchool Staff
Location Recreation Building Room B
Friday 3:50-5:00
Class size 10-15
Cost \$390 (14 weeks)

Take advantage of the easy-to-read style of coding while learning the power of Python, a programming language for professional and beginner coders alike. We'll start out by using an online python platform to learn and practice some fundamental concepts. Then we will move on to using different Python libraries, including Python Turtle for creating art and PyGame for building simple 2D games. Students will gain general skills like problem solving, code debugging, and perhaps most importantly, will learn and practice the logical thinking skills required to program a computer at any level! This will be an introduction to a typed language, for those who have only used Scratch previously.

Cooking Around the World for Grades 1-3

Instructor Vicky Brodt
Location Community Center Kitchen
Thursday 2:30-3:40
Class Size 6-8
Cost \$375 (materials provided) 14 week session

Cooking Around the World for Grades 4-6

Instructor Vicky Brodt
Location Community Center Kitchen
Thursday 3:50-5:00
Class Size 6-8
Cost \$375 (materials provided) 14 week session

We will "travel around the world" as we cook traditional recipes from around the world and learn about the origins of the dishes we create. Some recipes may be familiar and others will be new and different, but all of them will be yummy. Each child will have a cookbook filled with the recipes we cook to take home at the end of the session.

Creative Clay for Grades 1-3

Instructor Jeanne Rehrig
Location Recreation Building Room B
Tuesday 2:30-3:40
Class Size 6-7
Cost \$325 (materials provided) 14 weeks

Creative Clay for Grades 4-6

Instructor Jeanne Rehrig
Location Recreation Building Room B
Tuesday 3:50-5:00
Class Size 6-7
Cost \$325 (materials provided) 14 weeks

Join Jeanne as we explore the possibilities of working with air dry clay. We'll learn the basics of sculpting and building as we create pots, figurines and more. Slabs, coils and pinch pots can be used as the base for all kinds of fun projects. In the end, we'll paint our finished creations with vibrant acrylic colors.\

Embroidery Beginning and Intermediate for Grades 2-6

Instructor Vicky Brodt
Location Recreation Building Room C
Friday 3:50-5:00
Class size 6-8
Cost \$370 (14 weeks)

Embroidery is the art of decorating fabric or other materials using a needle and thread. We will learn many basic and interesting embroidery stitches to embellish fun projects and beautiful art pieces. This class is for the beginner and those who already have experience in the art of embroidery.

We will be offering Crochet class again next session.

Griffin Judo for Grades 1-3

Instructor Griffin Judo Staff
Location Community Center Main Room
Monday 2:30-3:40
Class size 6-16
Cost \$300 (11 weeks)

Griffin Judo for Grades 4-6

Instructor Griffin Judo Staff
Location Community Center Main Room
Monday 3:50-5:00
Class size 6-16
Cost \$300 (11 weeks) Optional/recommended: purchase Judogi (Judo uniform) for \$60

Judo is a Japanese Martial Art and Olympic sport. In this class, Students will learn the basics of Kodokan Judo. They will learn to roll and fall safely and will practice basic Judo standing throws (Tachi Waza), Ground Techniques (Ne Waza), as well as some self-defense techniques, all in a fun and safe environment. Students will also learn about Japanese traditions and terms related to the practice of Judo. Each class will start with Warm up and will teach important Judo values such as respect, discipline and mutual welfare.

Gymnastics for Grades 1-3

Instructor Bindy Baker
Location Community Center Main Room
Tuesday 2:30-3:40
Class size 8-12
Cost \$350 (all equipment provided) 13 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Gymnastics for Grades 4-6

Instructor Bindy Baker
Location Community Center Main Room
Tuesday 3:50-5:00
Class size 8-12
Cost \$350 (all equipment provided) 13 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

Hand Sewing and Fabric Arts for Grades 2-6

Instructor Vicky Brodt
Location Recreation Building Room C
Monday 2:30-3:40 Grades 2-3
Monday 2:50-3:40 Grades 4-6
Class size 6-8
Cost \$295 (materials provided) 11 weeks

Join in the fun of sewing! This is the class where boys and girls learn basic sewing skills as they make small items such as bookmarks, coin purses and puppets. Returning students will expand their skills while making more complex items like small balls, little quilts and even stuffed teddy bears. There are always new projects for each session and Vicky can help children make their own ideas a reality.

Homework Club for Grades 1-6

THIS CLASS IS ONLY AVAILABLE FOR STUDENTS WHO ARE TAKING A LATER KASEP CLASS

Location Recreation Building Room A
Offered every day Monday through Friday after school until 3:40
Grades 1-6
Cost Monday \$132, Tuesday \$156, Wednesday \$168 Thursday \$168 Friday \$168

Homework Club offers a bridge activity for students that attend a later KASEP class. Homework Club is a place for students to work on their homework, reading and other projects in a casual setting. Students can work collaboratively and quietly discuss their work. They'll be able to seek support from their peers and the teacher.

Due to concerns over increased screen time during Homework Club, students will no longer be allowed to use computers or phones during this time, unless they are making a phone call with staff permission. Not all students have homework but we ask that the first 20 minutes of each day is a dedicated time for reading, writing, studying, and completing assignments.

Improv for Grades 1-3

Instructor Geri Engberg
Location Recreation Building Room C
Thursday 2:30-3:40
Class size 6-7
Cost \$350 (materials provided) 14 weeks

Improv for Grades 4-6

Instructor Geri Engberg
Location Recreation Building Room C
Thursday 3:50-5:00
Class size 6-7
Cost \$350 (materials provided) 14 weeks

In this class, students will be introduced to basic concepts of comedy improvisation such as “yes and” (accepting what is offered), “group mind” (listening to each other and acting as a team) and “space object work” (miming objects and environments). Using warm-up exercises and improv “structures”, students will be encouraged to trust their instincts, think on their feet, and actively support each other. (It is said that a good improviser is one who makes his or her teammates look good.) They will also laugh a lot!
Note: Improv is very effective in helping students build confidence and speak up with ease.

Lacrosse for Grades 4-6

Instructor Gaby Lohner
Location Grassy Field near Recreation Building
Thursday 3:50-5:00
Class size 6-12
Cost \$325 (14 weeks)

Discover the joy of lacrosse in a welcoming, fun-filled environment - perfect for girls, boys, and all kids who want to try something new (or hone their existing skills)! This co-ed program, led by the dynamic Coach Gaby Lohner from Berkeley Lacrosse Club, makes it easy for beginners to jump in and enjoy the game. Learn the basics of lacrosse - no helmets, no pressure, just lots of laughs! Students will pick up stick skills, passing, and shooting through engaging drills and friendly games.

Little Chefs, Big Hearts: A Cooking & Community Class for Grades 1-3

Instructor Rubab Waheed
Location Community Center Kitchen
Friday 2:30-3:40
Class size 6-8
Cost \$450 (14 weeks)

In this fun, hands-on class, our youngest chefs will explore the basics of cooking—from helping in the kitchen to setting the table with care. Using ingredients from our everyday pantry, we’ll find creative and playful ways to turn simple items into something special. Children will be encouraged to explore new flavors, try different textures, and be adventurous with their taste buds—all while building confidence and independence in the kitchen. Together, we’ll prepare a meal, set the table, and sit down as one big family to share food, stories, and laughter with friends.

Machine Sewing for Grades 3-6

Instructor Vicky Brodt
Location Recreation Building Room C
Monday 3:50-5:00
Class size 6-7
Cost \$290 (materials provided) 11 weeks

In addition to hand sewing, in this class boys and girls learn how to use a sewing machine! This ability gives them yet another lifelong skill. In each session projects such as pillows, drawstring bags, and quilts are selected to suit students' levels and interests. As skills expand, students can make their own sewing ideas become reality.

Magic the Gathering Card Game for Advanced Players Grades 3-7

Instructor Sean Brodt
Location Recreation Building Room A
Tuesdays 3:50-5:00
Class Size 6-8
Cost \$300 (materials provided) 13 weeks

A course for kids already into Magic the Gathering. We'll take a deep dive into the complexities within different rules and play styles in Magic. Kids will test their math, reading, and problem solving abilities while drafting their own deck of cards to take home, as well as puzzling over Magic riddles and rulings. We will accept returning 7th graders in this class.

Mindfulness Yoga for Grades 1-4

Instructor Lori Hess
Location Community Center Main Room
Thursday 2:30-3:40
Class Size 6-8
Cost \$375 (14 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

Mixed Media Art for Grades 1-4

Instructor Vicky Brodt
Location Recreation Building Room C
Friday 2:30-3:40 Grades 1-3
Friday 2:50-3:40 Grade 4
Class Size 6-8
Cost \$365 (materials provided) 14 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

Muffin Madness and Beyond for Grades 1-3

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 2:30-3:40
Class Size 6-8
Cost \$345 (materials provided) 13 weeks

Muffin Madness and Beyond for Grades 2-6

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 3:50-5:00
Class Size 6-8
Cost \$345 (materials provided) 13 weeks

Sure, muffins are on the menu, but the “madness” is that everything we make will be in a muffin tin. From mini “A”pple pies to “Z”esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured! And Beyond: we will be creating some recipes without a muffin tin this time. Students who have taken Muffin Madness in the past will discover some yummy new recipes and cooking skills. If your child has some dietary restrictions, don't hesitate to try this class. Vicky can adjust recipes for gluten free, dairy free, and vegetarian diets if notified in advance.

Nature Explorers for Grades 1-4 New Class!

Instructor Sierra Parks
Location Recreation Building Room B
Thursday 3:50-5:00
Class Size 6-8
Cost \$320 (materials provided) 14 weeks

A hands-on class where kids connect with nature through gardening, crafts, and informative lessons! Each week, young gardeners will explore the wonders of the natural world—planting seeds, investigating insects, learning about flowers and vegetables, and understanding the role they play in the natural environment.

Off the Block S.T.E.M. with LEGO® for Grades 1-3

Instructor Ian McAvoy
Location Community Center Main Room
Friday 2:30-3:40
Class Size 8-20
Cost \$380 (materials provided) 14 weeks

If you can think it, you can build it! Off the Block S.T.E.M. classes will help your child explore fundamental STEM concepts using LEGO® as a part of a fun, engaging environment in which they learn as they play. This class aims to provide a dynamic and interactive learning experience, combining hands-on building with the principles of STEM education. Each class is a new adventure and every build is accompanied by a sense of accomplishment that directly fuels your child's self-esteem.

Pastel Art for Grades 1-3

Instructor Jeanne Rehrig
Location Recreation Building Room C
Wednesday 2:30-3:40
Class Size 6-7
Cost \$345 (materials provided) 14 weeks

Pastel Art for Grades 4-6

Instructor Jeanne Rehrig
Location Recreation Building Room C
Wednesday 3:50-5:00
Class Size 6-7
Cost \$345 (materials provided) 14 weeks

This young Rembrandts class is full of possibilities. Join Jeanne for pastel fun as we learn about a new medium and explore art history by studying different artists and their work. We will create wonderful artwork while being inspired by Van Gogh, Monet and other master artists. Through this class, students will learn color blending, drawing techniques and shading with oil pastels and other media. The results will be truly framable.

Skyhawks Basketball Fun and Fundamentals for Grades 1-3

Location Basketball Court
Wednesday 2:30-3:40
Class Size 6-16
Cost \$375 (14 weeks)

Skyhawks Basketball Fun and Fundamentals for Grades 4-6

Wednesday 3:50-5:00
Class Size 6-16
Cost \$375 (14 weeks)

This program was designed to teach young athletes the fundamentals of basketball through play. Each week, participants will be broken into teams to compete in a series of skill-based games that focus developing their skills, confidence, and passion for the game. Our primary development objectives include dribbling, passing, shooting, defense, strategy, agility, self-esteem, teamwork, and sportsmanship. Skyhawks coaches provide a positive environment where players of all ages and abilities can participate in friendly competition with lots of encouragement and a big focus on fun!

Skyhawks Flag Football for Grade 1-3

Location Grassy Field near Recreation Center
Tuesday 2:30-3:40
Class Size 5-10
Cost \$350 (13 weeks)

Skyhawks Flag Football for Grade 4-6

Tuesday 3:50-5:00
Class Size 5-10
Cost \$350 (13 weeks)

This skill-based clinic was designed to give players a competitive advantage on the field. Through interactive drills, skill reinforcement games, and simulated scrimmages, young athletes develop the skills, strategy, confidence, and passion, to take the next step in their football career. Our development objectives include passing, rushing, receiving, route running, flag pulling, game rules/strategy, confidence, teamwork, sportsmanship, and self-esteem. Your child will leave with new friends, new skills, and a new love for sports.

Skyhawks Olympics for Grades 1-3

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Monday 2:30-3:40
Class Size 6-12
Cost \$320 (11 weeks)

This multi-sport program combines all your favorite Skyhawks sports & games into one action-packed enrichment\ class. Participants will learn and play fun Skyhawks variations of Baseball, Basketball, Capture the Flag, Flag Football, Soccer, Track & Field, Volleyball as well as adding in favorite camp games like Tag, Dodgeball, and Wall Ball. By adding just the right amount of friendly competition, this program teaches boys and girls skill development, teamwork, sportsmanship, leadership, and strategy.

Skyhawks Playground Olympics for Grades 1-3

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Friday 2:30-3:40
Class Size 6-12
Cost \$375 (14 weeks)

Skyhawks Playground Olympics for Grades 4-6

Friday 3:50-5:00
Class Size 5-10
Cost \$375 (14 weeks)

Wrap up your week in style with Skyhawks new After-School Playground Olympics! Now your young athlete can enjoy their favorite playground games in a structured after-school enrichment format. Our Playground Olympics includes fun Skyhawks Variations of Capture the Flag, Dodgeball, Four Square, Handball, Kickball, Relay Races, Ultimate, Tag, Wall Ball & more! By adding just the right amount of friendly competition, this program teaches kids skill development, teamwork, sportsmanship, leadership, and strategy.

Skyhawks Volleyball for Grades 4-6

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Monday 3:50-5:00
Class Size 6-12
Cost \$320 (11 weeks)

Skyhawks Volleyball Clinic is an exciting introduction to the thrilling game of volleyball. With our age-appropriate curriculum and modified equipment, participants embrace the fundamentals of volleyball and develop social skills through dynamic instructional circuits and engaging games. Participants explore balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and skill development, all fueled by encouragement and a focus on fun! Our primary development objectives include passing, setting, hitting, spiking, serving, positions, and rotations. Skyhawks Coaches foster a safe, interactive environment that not only builds skills but also empowers confidence.

Tennis

Instructor Dan Seguin
Location Tennis Courts

Beginning and Intermediate Tennis for Grades 1-3

Monday 2:30-3:40
Class size 5-8
Cost \$255 (equipment provided) 11 weeks

Beginning and Intermediate Tennis for Grades 1-3

Wednesday 2:30-3:40
Class size 5-8
Cost \$320 (equipment provided) 14 weeks

Intermediate Tennis for Grades 1-3

Friday 2:30-3:40
Class size 5-8
Cost \$320 (equipment provided) 14 weeks

Beginning and Intermediate Tennis for Grades 4-6

Monday 3:50-5:00
Class size 5-8
Cost \$255 (equipment provided) 11 weeks

Intermediate and Advanced Tennis for Grades 2-6

Wednesday 3:50-5:00
Class size 5-8
Cost \$320 (equipment provided) 14 weeks

Advanced Tennis for Grades 4-6

Friday 3:50-5:00
Class size 5-8
Cost \$320 (equipment provided) 14 weeks

The World of Tabletop Role Playing Games for Grades 3-6

Instructor Sean Brodt

Location Recreation Building Room A

Wednesday 3:50-5:00

Class Size 6-8

Cost \$320 (materials provided) 14 weeks

The World of Tabletop Role Playing Games for Grades 3-6

Instructor Sean Brodt

Location Recreation Building Room A

Friday 3:50-5:00

Class Size 6-8

Cost \$320 (materials provided) 14 weeks

Kids will get to use their imagination and creativity as we adventure through the miniature world of Mausritter, the Forgotten Realms of Dungeons and Dragons, and more! (We might even test our math and reading skills along the way.)