

# Kindergarten and TK Classes

## WINTER 2025

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8 Weeks	9 Weeks	9 Weeks	9 Weeks	9 Weeks
1:30-2:20	Knots, Strings & Fabric Things Griffin Judo Olympics Off the Block Legos	Muffin Madness Gymnastics Basketball Fun & Fundamentals Music and Fun (for TK only) Aloha Mind Math	Reading Adventures (for K and TK) Flag Football Circus Arts Jewelry Tennis	Fun with Food Mindfulness Yoga (for K and TK) Soccer Theater Games Tennis	Mixed Media Art Hula Hooping

### Aloha Mind Math for Kindergartners

Location Recreation Building Room C

Tuesday 1:30-2:20

Class Size 7-15

Cost \$225 (9 weeks)

Kids find learning math on the abacus fun! Hands-on learning inspires confidence while learning mental math techniques. Students will develop agility with numbers and acquire visualization and problem-solving skills. Your child will broaden their understanding of math and realize that they too can be math rock stars.

### Circus Arts for Kindergartners

Instructor Doug "Slim" McNeely

Location Community Center Main Room

Wednesday 1:30-2:20

Class size 6-10

Cost \$230 (9 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, balancing and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

## **Fashion Jewelry for Kindergartners**

**Instructor** April Schlanger

**Location** Recreation Building Room C

**Wednesday** 1:30-2:20

**Class Size** 6-8

**Cost** \$230 (materials provided) 9 weeks

Fashion Jewelry trends are ever changing, but the techniques used to create fashion jewelry are always the same. This class will allow you to master how to string beads, add clasps, create linked chains, wrap beads and wire wrap stones. We will also be learning how to connect metal to metal with rivets and torches. This is the class for those that really want to make their own jewelry. Not every age range will get to use a torch. Projects will be adjusted for age.

## **Fun with Food for Kindergartners**

**Instructor** Vicky Brodt

**Location** Community Center Kitchen

**Thursday** 1:30-2:20

**Class Size** 6-7

**Cost** \$235 (materials provided) 9 weeks

Get ready to embark on a delightful journey into the world of Kindergarten Culinary Creations, where we encourage kids to play with their food and make fun, edible masterpieces! This hands-on class is all about sparking creativity, developing essential cooking skills, and having a blast while creating delicious and sometimes silly but always delightful treats. Please let us know if your child has special food requirements.

## **Griffin Judo for Kindergartners**

**Instructor**

**Location** Community Center Main Room

**Monday** 1:30-2:20

**Class Size** 6-16

**Cost** \$210 (8 weeks)

## **Gymnastics for Kindergartners**

**Instructor** Bindy Baker

**Location** Community Center Main Room

**Tuesday** 1:30-2:20

**Class Size** 8-12

**Cost** \$210 (materials provided) 9 weeks

**One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.**

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

## **Hula Hooping for Kindergartners**

**Instructor** Miss Kitty  
**Location** Community Center Main Room  
**Friday** 1:30-2:20  
**Class size** 5-8  
**Cost** \$180 (materials provided) 9 weeks

This class blends hula hooping with body movement and dance, helping kids feel the rhythm and flow as they move. From the individual tricks learned in class, kids will build playful combos, then work up to learning a choreographed routine set to music in groups. In addition to these skills, we'll play interactive games like "Hoop Freeze Dance" and "Hoop Train," sparking creativity, building confidence, and giving everyone a chance to express themselves with joy and movement!

## **Knots, Strings and Fabric Things for Kindergartners**

**Instructor** Vicky Brodt  
**Location** Recreation Building Room C  
**Monday** 1:30-2:20  
**Class size** 6-7  
**Cost** \$210 (materials provided) 8 weeks

Kinder pre sewing class. Kids will learn early sewing skills tying knots and bows, threading a needle, sewing simple stitches as they make fun fabric creations.

## **Mindfulness Yoga for Kindergartners and Transitional Kindergartners**

*This class will be open to both Kindergartners and Transitional Kindergartners.*

**Instructor** Lori Hess  
**Location** Community Center Main Room  
**Thursday** 1:30-2:20  
**Class Size** 6-7  
**Cost** \$210 (9 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

## **Mixed Media Art for Kindergartners**

**Instructor** Vicky Brodt  
**Location** Recreation Building Room C  
**Friday** 1:30-2:20  
**Class Size** 6-7  
**Cost** \$235 (materials provided) 9 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

## **Muffin Madness for Kindergartners**

**Instructor** Vicky Brodt  
**Location** Community Center Kitchen  
**Tuesday** 1:30-2:20  
**Class Size** 6-7  
**Cost** \$235 (materials provided) 9 weeks

Sure, muffins are on the menu, but the “madness” is that everything we make will be in a muffin tin. From mini “A”pple pies to “Z”esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured!

If your child has some dietary restrictions, don't hesitate to try this class. Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

## **Music and Fun for Transitional Kindergartners**

***This class will be open to Transitional Kindergartners only.***

**Instructor** Melita Silberstein  
**Location** Recreation Center Room A  
**Tuesday** 1:30-2:20  
**Class Size** 8-10  
**Cost** \$200 9 weeks

A fun and engaging class for kids- comprised of sing-alongs, dance-alongs, yoga, puppets, story boards, and instruments play. Encourages tonal and pattern recognition, body and spatial awareness, and age-appropriate social skill building.

## **Off the Block S.T.E.M. with LEGO® for Kindergartners**

**Instructor** Ian McAvoy  
**Location** Recreation Building Room B  
**Monday** 1:30-2:20  
**Class Size** 8-20  
**Cost** \$210 (materials provided) 8 weeks

If you can think it, you can build it! Off the Block S.T.E.M. classes will help your child explore fundamental STEM concepts using LEGO® as a part of a fun, engaging environment in which they learn as they play. This class aims to provide a dynamic and interactive learning experience, combining hands-on building with the principles of STEM education. Each class is a new adventure and every build is accompanied by a sense of accomplishment that directly fuels your child's self-esteem.

## **Reading Adventures for Kindergartners and Transitional Kindergartners**

*This class will be open to both Kindergartners and Transitional Kindergartners.*

**Instructor** Vicky Brodt

**Location** Community Center Room 3

**Wed.** 1:30-2:20

**Class Size** 6-7

**Cost** \$235 (materials provided) 9 weeks

A lifelong love of reading is the door to adventure. This class will help set your child on that adventure. Fun projects and activities will help develop and reinforce early reading skills. Each week the class will start with a reading circle. Your child is encouraged to bring a favorite book, when it's their week to share. We will focus on letter recognition, letter sounds, rhyming, reading comprehension, story structure and more. Kindergartners of all reading abilities are welcome.

## **Skyhawks Basketball Fun and Fundamentals for Kindergartners**

**Instructor** Skyhawks Staff

**Location** Basketball Courts

**Tuesday** 1:30-2:20

**Class Size** 6-10

**Cost** \$190 (9 weeks)

Dribble, pass, and shoot! This beginner-level basketball class is designed specifically for kindergartners to introduce the basics of basketball in a fun and engaging way. Through exciting games and activities, young players will learn fundamental skills like ball handling, teamwork, and coordination in a supportive and energetic environment.

## **Skyhawks Flag Football for Kindergartners**

**Instructor** Skyhawks Staff

**Location** Grassy Field near Recreation Building

**Wed.** 1:30-2:20

**Class Size** 6-10

**Cost** \$190 (9 weeks)

This skill-based clinic was designed to give players a competitive advantage on the field. Using our innovative age-appropriate curriculum, this program teaches boys and girls skill development, teamwork, sportsmanship, leadership and strategy.

## **Skyhawks Olympics for Kindergartners**

**Instructor** Skyhawks Staff

**Location** Grassy Field near Recreation Building

**Monday** 1:30-2:20

**Class Size** 6-10

**Cost** \$180 (8 weeks)

This multi-sport program combines all your favorite Skyhawks sports & games into one action-packed enrichment class. Participants will learn and play fun Skyhawks variations of Baseball, Basketball, Capture the Flag, Flag Football, Soccer, Track & Field, Volleyball as well as adding in favorite camp games like Tag, Dodgeball, and Wall Ball. Come join the fun!

## **Skyhawk Soccer for Kindergartners**

**Location** Grassy Field near Recreation Center  
**Thursday** 1:30-2:20  
**Class Size** 5-10  
**Cost** \$190 (9 weeks)

Skyhawks was founded as a soccer club in 1979. Forty years later, we are still the number one choice for parents looking to introduce their children to the fundamentals of the world's most popular sport. Our primary development objectives include passing, shooting, dribbling, and ball control, defense, strategy, agility, self-esteem, teamwork, and sportsmanship. Using our innovative age-appropriate curriculum, Skyhawks Coaches ensure that every child leaves camp with the skills and confidence to take the next step in Soccer.

## **Tennis: Hit Elite Tennis for Kindergartners**

**Instructor** Hit Elite Instructors  
**Location** Tennis Courts  
**Thursday** 1;30-2:20  
**Class size** 5-8  
**Cost** \$210 (equipment provided) 9 weeks

The kindergarten class offers an early dive into the world of tennis for young kids. Our primary goal is to nurture the ABCs of tennis (agility, balance, and coordination) alongside instilling proper techniques for effective ball track.

## **Tennis: New Frontier Tennis for Kindergartners**

**Instructor** New Frontier Instructors  
**Location** Tennis Courts  
**Wednesday** 1:30-2:20  
**Class size** 5-8  
**Cost** \$210 (equipment provided) 9 weeks

This beginner-friendly class will have you mastering the basics through fun games, skill-building drills, and having a ball (pun intended)!

## **Theater Games for Kindergartners**

**Instructor** Geri Engberg  
**Location** Community Center Room 1  
**Thursday** 1:30-2:20  
**Class size** 6-7  
**Cost** \$200 (materials provided) 9 weeks

In this class, students will be introduced to theater games and improv scenes designed to build confidence and promote cooperation. Listening and teamwork in the midst of silliness and laughter is the goal. There will be lots of movement and the amount of focused scene work we do will be determined by the ability level of the class.

