

Kindergarten CLASSES SPRING 2024

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9 Weeks	10 Weeks	10 Weeks	10 Weeks	8 Weeks
1:30-2:20	Knots, Strings & Fabric Things Eco Kids Circus Arts Multi-Sports Aloha Mind Math	Muffin Madness Gymnastics Get Ready for Basketball	Reading Adventures Wearable Art-Jewelry Making Track & Field	Fun with Food Master Artists Mindfulness Yoga Soccer Intro to STEM using LEGO Theater Games	Creative Movement&Dance Creative Art Explorations Tennis

Aloha Mind Math for Kindergartners

Instructor Aloha Mind Math Staff
Location Community Center Room 1
Monday 1:30-2:20
Class Size 7-15
Cost \$250 (9 weeks)

Kids find learning math on the abacus fun! Hands-on learning inspires confidence while learning mental math techniques. Students will develop agility with numbers and acquire visualization and problem-solving skills. Your child will broaden their understanding of math and realize that they too can be math rock stars.

Circus Arts for Kindergartners

Instructor Doug "Slim" McNeely
Location Community Center Main Room
Mondays 1:30-2:20
Class size 6-10
Cost \$200 (9 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, balancing and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

Creative Art Explorations for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Friday 1:30-2:20
Class Size 6-7
Cost \$210 (materials provided) 8 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

Creative Movement and Dance for Kindergartners

Instructor Karma Smart
Location Community Center Main Room
Friday 1:30-2:20
Class Size 10-12
Cost \$200 (8 weeks)

Get ready to wiggle, jump, and twirl! Our class focuses on getting little bodies in motion through a variety of fun and developmentally appropriate movements. From simple stretches to playful dances. The emphasis is on self-expression and building a love for dancing and moving to the rhythm.

Eco Kids for Kindergartners

Instructor Veronica Medina-Ross
Location Recreation Building Room B
Monday 1:30-2:20
Class Size 6-7
Cost \$205 (materials provided) 9 weeks

Embark on an exciting journey into the wonders of our planet with our after-school Environmental Science class designed specifically for curious Kindergartners. In this engaging program, children will develop a profound appreciation for the Earth as they uncover the mysteries of the environment through a blend of hands-on activities, videos, art, and captivating stories.

Fun with Food for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Thursday 1:30-2:20
Class Size 6-7
Cost \$255 (materials provided) 10 weeks

Get ready to embark on a delightful journey into the world of Kindergarten Culinary Creations, where we encourage kids to play with their food and make fun, edible masterpieces! This hands-on class is all about sparking creativity, developing essential cooking skills, and having a blast while creating delicious and sometimes silly but always delightful treats. Please let us know if your child has special food requirements.

Get Ready for Basketball for Kindergartners

Location Basketball Court
Tuesday 1:30-2:20
Class Size 5-10
Cost \$210 (10 weeks)

Kassirer Get Ready for Basketball: coaches help little kids develop the skills they need to play basketball. We teach professional quality techniques including: ball handling, dribbling, passing, rebounding and proper shooting form (without a hoop). We also include activities and fun games to help these young athletes develop balance, agility, strength and fitness. Our coaches teach with positivity to encourage and motivate the little ones to practice, practice, practice and to develop proper muscle memory.

Gymnastics for Kindergartners

Instructor Bindy Baker
Location Community Center Main Room
Tuesday 1:30-2:20
Class Size 8-12
Cost \$200 (materials provided) 10 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

Knots, Strings and Fabric Things for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Monday 1:30-2:20
Class size 6-7
Cost \$235 (materials provided) 9 weeks

Kinder pre sewing class. Kids will learn early sewing skills tying knots and bows, threading a needle, sewing simple stitches as they make fun fabric creations.

Make the Master Artist for Kindergartners

Instructor April Schlanger
Location Recreation Building Room C
Thursday 1:30-2:20
Class Size 6-8
Cost \$240 (materials provided) 10 weeks

Have you ever wanted to paint or sculpt like a famous artist? This class will introduce students to a new famous artist each week. They learn fun facts about their lives, where they are from and what inspired their art. Students will work with various forms of media to create weekly art influenced by these famous artists. A great way to express yourself while learning new skills.

Mindfulness Yoga for Kindergartners and Transitional Kindergartner

Instructor Lori Hess
Location Community Center Main Room
Thursday 1:30-2:20
Class Size 6-7
Cost \$210 (10 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

Muffin Madness for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 1:30-2:20
Class Size 6-7
Cost \$255 (materials provided) 10 weeks

Sure, muffins are on the menu, but the “madness” is that everything we make will be in a muffin tin. From mini “A”pple pies to “Z”esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured!

If your child has some dietary restrictions, don't hesitate to try this class. Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

Reading Adventures for Kindergartners

Instructor Vicky Brodt
Location Community Center Room 3
Wed. 1:30-2:20
Class Size 6-7
Cost \$255 (materials provided) 10 weeks

A lifelong love of reading is the door to adventure. This class will help set your child on that adventure. Fun projects and activities will help develop and reinforce early reading skills. Each week the class will start with a reading circle. Your child is encouraged to bring a favorite book, when it's their week to share. We will focus on letter recognition, letter sounds, rhyming, reading comprehension, story structure and more. Kindergartners of all reading abilities are welcome.

Skyhawks Multi-Sports & Games for Kindergartners

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Monday 1:30-2:20
Class Size 6-10
Cost \$200 (9 weeks)

This Multi-Sport & Games program includes may include soccer, basketball, baseball, Frisbee and football as well as games like wall ball, four-square and infinity tag; allowing students to discover a passion for a variety of activities in one fun-filled setting. Participants learn balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and sport specific skill development through a series of fast-paced instructional circuits and games. Our progressive curriculum, modified equipment combined with highly trained staff, provide a safe environment where kids can develop at their own pace with lots of positive encouragement . Safety, teamwork and sportsmanship are always emphasized.

Skyhawks Track and Field for Kindergartners

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Wed. 1:30-2:20
Class Size 6-10
Cost \$220 (10 weeks)

Foster a love for running and jumping as we introduce fundamental techniques. Through imaginative games, kids will develop coordination, balance, and a sense of accomplishment as they run and move with their peers.

Soccer for Kindergartners

Location Grassy Field near Recreation Center
Thursday 1:30-2:20
Class Size 5-10
Cost \$210 (10 weeks)

Each week, players will get to work on skills, agility, group games, and scrimmage! We teach professional quality fundamentals, the importance of teamwork, defense, communication and sportsmanship in a nurturing, safe environment. Kids are encouraged to work towards accomplishing individual and team goals and take pride in their improvements. Just wear athletic shoes and attire to class and we will provide the rest! Coaches provide kid-sized soccer balls. Shin guards are optional. Cleats are not permitted

STEM Using LEGO for Kindergartners

Instructor STEM Staff
Location Recreation Building Room B
Thursday 1:30-2:20
Class Size 10-16
Cost \$200 (10 weeks)

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Fire Trucks, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas with help and support.

Tennis for Kindergartners

Instructor Kim Roots

Location Tennis Courts (Community Center Room 1 on rainy days)

Friday 1:30-2:20

Class Size 6-8

Cost \$180 (equipment provided) 8 weeks

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination.

Theater Games for Kindergartners

Instructor Geri Engberg

Location Community Center Room 1

Thursday 1:30-2:20

Class size 6-7

Cost \$220 (materials provided) 10 weeks

In this class, students will be introduced to theater games and improv scenes designed to build confidence and promote cooperation. Listening and teamwork in the midst of silliness and laughter is the goal. There will be lots of movement and the amount of focused scene work we do will be determined by the ability level of the class.

Wearable Art-Jewelry Making for Kindergartners

Instructor April Schlanger

Location Recreation Building Room C

Wed. 1:30-2:20

Class Size 6-8

Cost \$240 (materials provided) 10 weeks

Jewelry is not only pretty and representative of who we are, but it is an art form. This class will focus on the use of wire wrapping, faux enamel, epoxy settings, upcycling, stringing and color and design work. We will work on necklaces, bracelets, keychains and pins. This is a great class that will utilize interesting tools and help kids with dexterity and hand/eye coordination.