# Kindergarten CLASSES FALL 2023

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	12 Weeks	13 Weeks	13 Weeks	13 Weeks	12 Weeks
1:30-2:20	Knots, Strings & Fabric Things Eco Kids Circus Muti-Sports Aloha Mind Math	Muffin Madness Build Your Own Dollhouse Gymnastics Get Ready for Basketball	Reading Adventures Unicorns and Rainbows	Fun with Food Master Artists Mindfulness Yoga Soccer Intro to STEM using LEGO	Dance and Fitness Creative Art Exploration Tennis

### **Aloha Mind Math for Kindergartners**

**Location Community Center Room 1** 

Monday 1:30-2:20

Class Size 7-15 Cost \$335

Kids find learning math on the abacus fun! Hands-on learning inspires confidence while learning mental math techniques. Students will develop agility with numbers and acquire visualization and problem-solving skills. Your child will broaden their understanding of math and realize that they too can be math rock stars.

#### **Build Your Own Dollhouse or Crash Pad**

THIS CLASS WILL NOT START UNTIL TUESDAY, OCTOBER 3RD. CLASS WILL MEET FOR 10 WEEKS, ENDING DECEMBER 12TH.

Instructor April Schlanger

**Location Recreation Building Room C** 

Tuesday 1:30-2:20

Class Size 6-8

Cost \$250 (materials provided) 10 weeks

Design your own Dollhouse or Crash Pad! Utilizing architecture and design skills students will create a Dollhouse or Crash Pad of their dreams. They will design and build a house form, they will paint and wallpaper the interior and design and build their own furniture for the inside. We will then create wooden dolls/characters. This is a great class for those creative kids that love to play.

#### **Circus Arts for Kindergartners**

Instructor Doug "Slim" McNeely

**Location Community Center Main Room** 

Mondays 1:30-2:20 Class size 6-10

Cost \$240 (12 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills wiTracth an emphasis on juggling, unicycling, rolla bolla, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

#### Creative Art Exploration for Kindergartners

**Instructor Vicky Brodt** 

**Location Recreation Building Room C** 

Friday 1:30-2:20

Class Size 6-7

Cost \$310 (materials provided) 12 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

#### **Dance and Fitness Fun for Kindergartners**

**Instructor Fitness in Transit Staff** 

**Location Community Center Main Room** 

Friday 1:30-2:20 Class Size 10-12

Cost \$300 (12 weeks)

Get kids moving, increasing strength & flexibility, and working on coordination & balance while dancing and having fun! From tumbling, to games, and challenge activities, the class will move along in a program influenced by dance, gymnastics, and fitness flare!!!! With healthy hearts and active minds students will grow their "I can" attitudes while working on body awareness and gross motor development. Utilization of individual mats, personal hula hoops, and other props will be used.

## **Eco Kids for Kindergartners**

**Instructor Veronica Medina-Ross** 

**Location Recreation Building Room B** 

Monday 1:30-2:20

Class Size 6-7

Cost \$265 (materials provided) 12 weeks

Through environmental science, young children will learn about taking care of our home, Planet Earth. This program will help kids understand their relationship to the environment by engaging them in fun hands-on activities. Songs, art projects and stories will help encourage hands-on investigations about the wonders, why's of events and characteristics of living and non-living things in our local and global environment.

#### Fun with Food for Kindergartners

**Instructor Vicky Brodt** 

**Location Community Center Kitchen** 

Thursday 1:30-2:20

Class Size 6-7

Cost \$325 (materials provided) 13 weeks

Let's play with our food and make fun creations that we can eat! Learn some cooking skills as we create some delicious and sometimes silly but always delicious treats. Please let us know if your child has special food requirements.

#### **Get Ready for Basketball for Kindergartners**

Location Basketball Court

Tuesday 1:30-2:20 Class Size 5-10

Cost \$270 (13 weeks)

Kassirer Get Ready for Basketball: coaches help little kids develop the skills they need to play basketball. We teach professional quality techniques including: ball handling, dribbling, passing, rebounding and proper shooting form (without a hoop). We also include activities and fun games to help these young athletes develop balance, agility, strength and fitness. Our coaches teach with positivity to encourage and motivate the little ones to practice, practice and to develop proper muscle memory.

## Soccer for Kindergartners

**Location Grassy Field near Recreation Center** 

Thursday 1:30-2:20 Class Size 5-10

Cost \$270 (13 weeks)

Each week, players will get to work on skills, agility; play group games; and scrimmage! We teach professional quality fundamentals; the importance of teamwork, defense, communication and sportsmanship in a nurturing, safe environment. Kids are encouraged to work towards accomplishing individual and team goals and take pride in their improvements. Just wear athletic shoes and attire to class and we will provide the rest! Coaches provide kid-sized soccer balls. Shin guards are optional. Cleats are not permitted

#### **Gymnastics for Kindergartners**

**Instructor Bindy Baker** 

**Location Community Center Main Room** 

Tuesday 1:30-2:20 Class Size 8-12

Cost \$240 (materials provided) 13 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

#### **Knots, Strings and Fabric Things for Kindergartners**

**Instructor Vicky Brodt** 

**Location Recreation Building Room C** 

Monday 1:30-2:20

Class size 6-7

Cost \$305 (materials provided) 12 weeks

Kinder pre sewing class. Kids will learn early sewing skills tying knots and bows, threading a needle, sewing simple stitches as they make fun fabric creations.

#### **Make the Master Artist for Kindergartners**

THIS CLASS WILL NOT START UNTIL THURSDAY, OCTOBER 5TH. CLASS WILL MEET FOR 10 WEEKS, ENDING DECEMBER 14TH.

**Instructor April Schlanger** 

**Location Recreation Building Room C** 

Thursday 1:30-2:20

Class Size 6-8

Cost \$250 (materials provided) 10 weeks

Have you ever wanted to paint or sculpt like a famous artist? This class will introduce your student to new famous artist each week. They learning fun facts about their lives, where they are from and what inspired their art. Students will work with various forms of media to create weekly art influenced by these famous artists. A great way to express yourself while learning new skills.

### **Mindfulness Yoga for Kindergartners**

**Instructor Lori Hess** 

**Location Community Center Main Room** 

Thursday 1:30-2:20

Class Size 6-7

Cost \$255 (13 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

#### **Muffin Madness for Kindergartners**

**Instructor Vicky Brodt** 

**Location Community Center Kitchen** 

Tuesday 1:30-2:20

Class Size 6-7

Cost \$325 (materials provided) 13 weeks

Sure, muffins are on the menu, but the "madness" is that everything we make will be in a muffin tin. From mini"A"pple pies to "Z"esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured!

If your child has some dietary restrictions, don't hesitate to try this class. Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

### Unicorns, Rainbows and Glitter for Kindergartners

**Instructor April Schlanger** 

**Location Recreation Building Room C** 

Wed. 1:30-2:20

Class Size 6-8

Cost \$310 (materials provided) 13 weeks

YES...Unicorns! And Narwhals, and really any animal you can put a horn on. What makes these animals so appealing? It could be the rainbows and glitter, but it is probably the positive message of differences being celebrated. Each class will be filled one of the following; crafts, wearable art, outdoor play, baking and dancing. And yes, rainbows and glitter will be everywhere.

### **Reading Adventures for Kindergartners**

**Instructor Vicky Brodt** 

**Location Community Center Room 3** 

Wed. 1:30-2:20

Class Size 6-7

Cost \$325 (materials provided) 13 weeks

A lifelong love of reading is the door to adventure. This class will help set your child on that adventure. Fun projects and activities will help develop and reinforce early reading skills. Each week the class will start with a reading circle. Your child is encouraged to bring a favorite book, when it's their week to share. We will focus on letter recognition, letter sounds, rhyming, reading comprehension, story structure and more. Kindergarteners of all reading abilities are welcome.

## **Skyhawks Multi-Sports for Kindergartners**

**Instructor Skyhawks Staff** 

**Location Grassy Field near Recreation Building** 

Monday 1:30-2:20 Class Size 6-10

Cost \$255 (12 weeks)

This Multi-Sport program includes Soccer, Baseball and Basketball; allowing young athletes to discover a passion for a variety of sports in one fun-filled setting. Participants learn balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and sport specific skill development through a series of fast-paced instructional circuits and games. Our progressive curriculum, modified equipment combined with highly trained staff, provide a safe environment where kids can develop at their own pace with lots of positive encouragement and game strategy. Safety, teamwork and sportsmanship are always emphasized.

## STEM Using LEGO for Kindergartners

**Instructor STEM Staff** 

**Location Recreation Building Room B** 

Thursday 1:30-2:20 Class Size 10-16

Cost \$260 (13 weeks)

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Fire Trucks, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas with help and support.

## Tennis for Kindergartners

**Instructor Kim Roots** 

**Location** Tennis Courts (Community Center Room 1 on rainy days)

Friday 1:30-2:20

Class Size 6-8

Cost \$260 (equipment provided) 12 weeks

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination.