

## Kindergarten CLASSES SPRING 2023

| TIME      | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|-----------|---|---|--|--|---|
|           | 9 Weeks   | 10 Weeks  | 10 Weeks   | 10 Weeks   | 8 Weeks   |
| 1:30-2:20 | Knots, Strings<br>& Fabric Things<br><br>Eco Kids<br><br>Tennis<br><br>Circus<br><br>Soccer | Muffin Madness<br><br>Unicorns and<br>Rainbows<br><br>Gymnastics<br><br>Get Ready for<br>Basketball | Reading<br>Adventures<br><br>Let's Make<br>Jewelry<br><br>Introduction<br>to Frisbee<br>Skills | Fun with Food<br><br>Butterflies, Bees<br>and Birds<br><br>Mindfulness Yoga<br><br>Get Ready for<br>Track and Field<br><br>Intro to STEM<br>using LEGO | Dance and<br>Fitness<br><br>Creative Art<br>Exploration<br><br>Get Ready for<br>Racket Sports |

### Butterflies, Bees and Birds for Kindergartners

Instructor April Schlanger  
 Location Recreation Building Room C  
 Thursday 1:30-2:20  
 Class Size 6-8  
 Cost \$220 (materials provided) 10 weeks

These beneficial creatures are not only beautiful but they are fascinating pollinators that we should learn about. This class will offer kids a chance to craft, garden, build birdhouses, create wearable wings and learn about conservation.

### Circus Arts for Kindergartners

Instructor Doug "Slim" McNeely  
 Location Community Center Main Room  
 Mondays 1:30-2:20  
 Class size 6-10  
 Cost \$190 (9 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, rolla bolla, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

## **Creative Art Exploration for Kindergartners**

**Instructor** Vicky Brodt  
**Location** Recreation Building Room C  
**Friday** 1:30-2:20  
**Class Size** 6-7  
**Cost** \$190 (materials provided) 8 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

## **Dance and Fitness Fun for Kindergartners**

**Instructor** Karma Smart  
**Location** Community Center Main Room  
**Friday** 1:30-2:20  
**Class Size** 10-12  
**Cost** \$200 (8 weeks)

Get kids moving, increasing strength & flexibility, and working on coordination & balance while dancing and having fun! From tumbling, to games, and challenge activities, the class will move along in a program influenced by dance, gymnastics, and fitness flare!!!!

With healthy hearts and active minds students will grow their "I can" attitudes while working on body awareness and gross motor development. Utilization of individual mats, personal hula hoops, and other props will be used.

## **Eco Kids for Kindergartners**

**Instructor** Veronica Medina-Ross  
**Location** Recreation Building Room B  
**Monday** 1:30-2:20  
**Class Size** 6-7  
**Cost** \$190 (materials provided) 9 weeks

Through environmental science, young children will learn about taking care of our home, Planet Earth. This program will help kids understand their relationship to the environment by engaging them in fun hands-on activities. Songs, art projects and stories will help encourage hands-on investigations about the wonders, why's of events and characteristics of living and non-living things in our local and global environment.

## **Frisbee Skills for Kindergartners**

**Location** Grassy Field near Recreation Center  
**Wednesday** 1:30-2:20 (this class ends at 2:30)  
**Class Size** 5-10  
**Cost** \$200 (10 weeks)

Kassirer Ultimate Frisbee was created by, a former pro athlete. Students have fun learning the skills they will need to play Ultimate Frisbee. Coaches will provide little softer discs and rings to help kids gain confidence in throwing and catching frisbees. Coaches will emphasize teamwork, fair play, socializing and sportsmanship. Playing improves fitness, reactions, focus, hand-eye coordination, quickness and agility.

## **Fun with Food for Kindergartners**

**Instructor** Vicky Brodt  
**Location** Community Center Kitchen  
**Thursday** 1:30-2:20  
**Class Size** 6-7  
**Cost** \$235 (materials provided) 10 weeks

Let's play with our food and make fun creations that we can eat! Learn some cooking skills as we create some delicious and sometimes silly but always delicious treats. Please let us know if your child has special food requirements.

## **Get Ready for Basketball for Kindergartners**

**Location** Basketball Court  
**Tuesday** 1:30-2:20  
**Class Size** 5-10  
**Cost** \$200 (10 weeks)

Kassirer Get Ready for Basketball: coaches help little kids develop the skills they need to play basketball. We teach professional quality techniques including: ball handling, dribbling, passing, rebounding and proper shooting form (without a hoop). We also include activities and fun games to help these young athletes develop balance, agility, strength and fitness. Our coaches teach with positivity to encourage and motivate the little ones to practice, practice, practice and to develop proper muscle memory.

## **Get Ready for Racket Sports for Kindergartners**

**Location** Tennis Courts  
**Friday** 1:30-2:20  
**Class Size** 5-10  
**Cost** \$190 (weeks)

Kassirer Get Ready for Racket Sports was created by Laura Kassirer, a former Wimbledon tennis player. Students develop the skills they need to successfully learn to play racket sports. Coaches set up portable nets on the tennis courts to create Pickleball, Badminton and kid-sized Tennis courts. Each sport helps little ones develop the skills needed to learn to play a variety of racket sports. Kids play group games that will help them improve their hand-eye coordination, reaction, fitness and movement. Loaner Engage Pickleball paddles, badminton rackets and Wilson Tennis rackets are provided during class. Wear athletic shoes and attire to class and come ready to run, smile and play!

## **Get Ready for Track and Field for Kindergartners**

**Location** Grassy Field near Recreation Center  
**Thursday** 1:30-2:20  
**Class Size** 5-10  
**Cost** \$200 (10 weeks)

Kassirer Get Ready for Track & Field was created by a former pro athlete, so students can have fun improving their speed, agility and fitness. Our goal is to help youth become better athletes and have fun. Each week, players will get to play track games, utilize agility ladders, and run obstacle courses, plus participate in various track activities including relay races, sprints and long jump! Kids are encouraged to work towards accomplishing individual and team goals and take pride in their improvements. Just wear athletic shoes and attire to class and we will provide the rest!

## **Gymnastics for Kindergartners**

**Instructor** Bindy Baker  
**Location** Community Center Main Room  
**Tuesday** 1:30-2:20  
**Class Size** 8-12  
**Cost** \$225 (materials provided) 10 weeks

**One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.**

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

## **Knots, Strings and Fabric Things for Kindergartners**

**Instructor** Vicky Brodt  
**Location** Recreation Building Room C  
**Monday** 1:30-2:20  
**Class size** 6-7  
**Cost** \$210 (materials provided) 9 weeks

Kinder pre sewing class. Kids will learn early sewing skills tying knots and bows, threading a needle, sewing simple stitches as they make fun fabric creations.

## **Let's Make Jewelry for Kindergartners**

**Instructor** April Schlanger  
**Location** Recreation Building Room C  
**Wed.** 1:30-2:20  
**Class Size** 6-8  
**Cost** \$220 (materials provided) 10 weeks

If you like using your hands to create things, this class will bring you joy. The class will focus on creating both traditional and non traditional jewelry. Everything from earrings, to bracelets, to necklaces, rings and lapel pins. We will use metal, resin, glass beads, upcycled materials, wire and paper. Creating jewelry is a great way to express yourself and learn a skill that can be used in other craft projects.

## **Mindfulness Yoga for Kindergartners**

**Instructor** Lori Hess  
**Location** Community Center Main Room  
**Thursday** 1:30-2:20  
**Class Size** 6-7  
**Cost** \$230 (10 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

## **Muffin Madness for Kindergartners**

**Instructor** Vicky Brodt  
**Location** Community Center Kitchen  
**Tuesday** 1:30-2:20  
**Class Size** 6-7  
**Cost** \$235 (materials provided) 10 weeks

Sure, muffins are on the menu, but the “madness” is that everything we make will be in a muffin tin. From mini “A”pple pies to “Z”esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured!

If your child has some dietary restrictions, don't hesitate to try this class. Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

## **Reading Adventures for Kindergartners**

**Instructor** Vicky Brodt  
**Location** Community Center Room 3  
**Wed.** 1:30-2:20  
**Class Size** 6-7  
**Cost** \$215 (materials provided) 10 weeks

A life long love of reading is the door to adventure. This class will help set your child on that adventure. Fun projects and activities will help develop and reinforce early reading skills. Each week the class will start with a reading circle. Your child is encouraged to bring a favorite book, when it's their week to share. We will focus on letter recognition, letter sounds, rhyming, reading comprehension, story structure and more. Kindergartners of all reading abilities are welcome.

## **Skyhawks Soccer for Kindergartners**

**Instructor** Skyhawks Staff  
**Location** Grassy Field near Recreation Building  
**Monday** 1:30-2:20  
**Class Size** 6-10  
**Cost** \$210 (8 weeks)

Skyhawks was founded as a soccer club in 1979. Thirty years later they are still teaching the fundamentals of the world's most popular sport to children of all ages. In this class, young athletes will gain the technical skills and sports knowledge required for their next step into soccer. The class focuses on passing, shooting and ball control. Safety, teamwork and sportsmanship are always emphasized.

## **STEM Using LEGO for Kindergartners**

**Instructor** STEM Staff  
**Location** Recreation Building Room B  
**Thursday** 1:30-2:20  
**Class Size** 10-16  
**Cost** \$200 (10 weeks)

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Fire Trucks, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas with help and support.

## **Tennis for Kindergartners**

**Instructor** Kim Roots  
**Location** Tennis Courts (Community Center Room 1 on rainy days)  
**Monday** 1:30-2:20  
**Class Size** 6-8  
**Cost** \$180 (equipment provided) 8 weeks

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. Rackets are provided.

## **Unicorns, Rainbows and Glitter for Kindergartners**

**Instructor** April Schlanger  
**Location** Recreation Building Room C  
**Tuesday** 1:30-2:20  
**Class Size** 6-8  
**Cost** \$225 (materials provided) 10 weeks

YES...Unicorns! And Narwhals, and really any animal you can put a horn on. What makes these animals so appealing? It could be the rainbows and glitter, but it is probably the positive message of differences being celebrated. Each class will be filled one of the following; crafts, wearable art, outdoor play, baking and dancing. And yes, rainbows and glitter will be everywhere.