

KASEP

Kensington After School Enrichment Program 2023 WINTER Session

ONLINE REGISTRATION BEGINS: Tuesday, December 6
Kindergarten 7pm, Grades 1-6 7:30pm
CLASSES START: Tuesday, January 3, 2023
CLASSES END: Friday, March 17, 2023

REGISTRATION

- Online: www.KensingtonCommunityCouncil.org
- Questions call 510-525-0292
- On-going Registration on Website above

KASEP Administration and Dates to Remember

Jenny Parks, Director
Shira Skloot, Office Administrator
Sandy Thacker, Curriculum Coordinator
KASEP Advisory Committee:
Cara Marasco, Lisa Prange, Lauren Burns, Sneha Patel, Farrah Japaz, Karen Nguyen
KCC/KASEP Office
59 Arlington Avenue, Kensington, CA 94707
(510) 525-0292
info@KensingtonCommunityCouncil.org

Tuesday, December 6	KASEP Winter Online Registration begins, 7:00pm Kindergarten, 7:30pm Grades 1-6
Friday, December 16	Deadline for KASEP Scholarship Applications
Monday, January 2	End of Winter Holiday
Tuesday, January 3	KASEP Winter session begins (10 weeks of instruction)
Monday, January 16	No KASEP – Martin Luther King, Jr. Holiday
Mon-Fri, February 20-24	No KASEP – Presidents' Week Recess
Tuesday, March 7	KASEP Spring Registration
Friday, March 17	Last day of Winter session
Monday, March 20	Spring Session Begins

An Important Message to Parents Winter 2023 Session

We will continue to follow the CDC and Contra Costa County health guidelines and any required mask mandates. We are requiring that all teachers and staff that work directly with children be vaccinated.

All Hilltop students, grades 1-6, walk themselves down the hill to attend KASEP classes. KCC staff will be at the flagpole in front of Hilltop School for the first two weeks of each session to help guide young or first time students to their KASEP classes.

Kindergarten enrichment classes every day after school

KASEP kindergarten teachers pick up the kinder students directly from their school classroom and walk them to their KASEP classroom (just down the hill). Kindergartners must be signed out after their KASEP class by parent or guardian.

Kindergarten KASEP classes start at 1:30pm and end at 2:20pm every day.

POLICY FOR REPEAT ENROLLMENTS DURING ONLINE REGISTRATION

Our intention is to give everyone an opportunity to enroll in one of the following highly desirable/always full classes:

**Carpentry for Grades 1-3 Wednesdays 1:50
Carpentry for Grades 3-6 Wednesdays 3:10
Chocolatier Creations for Grades 1-3 Thursdays 2:30
Chocolatier Creations for Grades 2-6 Thursdays 3:50**

If you enroll in any of the above classes for the Winter 2023 KASEP program, you cannot re-enroll in that class again for the Spring 2023 Session. This hopefully allows more of our students the opportunity to enroll in every class, even the more popular ones.

THIS POLICY DOES NOT APPLY TO OTHER KASEP CLASSES. You may enroll in any of these classes, in each session, on a first come, first served basis. Class size is limited.

2023 WINTER KASEP

CLASSES START: Tuesday, January 3
CLASSES END: Friday, March 17
(10 weeks of instruction)

Last Day to Change Classes: Monday, January 9

**KASEP's first class after school starts at 2:30 (Monday, Tuesday, Thursday, Friday).
Wednesday KASEP schedule starts at 1:50 every Wednesday throughout the year.**

HOLIDAYS: There will be no KASEP classes on the following days:

Monday, January 2	Last Day of Winter Break
Monday, January 16	Martin Luther King, Jr. Holiday
Monday-Friday, February 20-24	Presidents' Week Recess

**MINIMUM DAYS: KASEP does not alter the start of its classes on minimum days.
There are NO MINIMUM DAYS this Winter session.**

On minimum days, KASEP provides an optional service of providing supervision for your child – bridging the gap between when school lets out on minimum days— NOT including Wednesdays (1:50 for grades 1-3 and 2:10 for grades 4-6) and when the first KASEP classes begin at 2:30. This optional service for your child costs \$25 per child for the academic year. You can pay online for this service.

PHOTO RELEASE

Occasionally KCC may take photos of students or their work and publishes it in the Outlook, our local newspaper or online as part of our brochure and for public relations purposes. We will not publish the names of students.

CLASS PRICES

KASEP class prices include credit card fees, materials fees, instructor fees and administrative costs. The price of the class varies based on the length of the class and the number of weeks the class meets during the session.

WINTER CLASSES: 8 Mondays, 10 Tuesdays, 10 Wednesdays, 10 Thursdays and 10 Fridays.

WAITLIST

Once a class is fully enrolled, you may put your child on the waitlist for that class. No payment is required when you are waitlisted. If there is a cancellation, the first person on the waitlist will be notified and given 24 hours to respond.

SCHOLARSHIP INFORMATION AND DONATIONS

To apply for a scholarship visit our website at KensingtonCommunityCouncil.org. Deadline for scholarship applications is Friday, December 16. Late submissions may be granted at a later date if funds are available.

KASEP offers more than 50 different classes per week for children ages 5–12. The Scholarship Donation Fund offers access to families who would not otherwise have the opportunity to enroll in a KASEP class without your generosity and kindness.

It is only with your financial support that KCC can sustain this commitment to help provide scholarships to others. Donations are accepted by check, cash or credit card.

PAYMENT

KASEP classes are filled on a space available basis, first come first serve. Most classes require you to register before the first day of instruction.

Payment is due at registration.

Credit Card: We accept Visa, MasterCard and Discover

If you owe money from a previous session, you cannot enroll in KASEP until your outstanding balance is paid.

CREDIT AND REFUND POLICY

Classes not meeting the minimum required enrollment, will be cancelled and the enrollment fee will be refunded back to your credit card.

Students may drop a class the first week. There is a non-refundable processing fee of \$25.00 PLUS 3% for credit card processing fees for any class dropped. Withdrawal reimbursement will be refunded back to your credit card.

No refunds are given for students who drop out of class after the first week.

Credit – students who withdraw from a KASEP class the first week can request a user credit. This credit may be applied to future KASEP enrollments. Credit is valid for 6 months. The \$25 fee for withdrawal will not be applied to user credits.

ONLINE

Please visit www.KensingtonCommunityCouncil.org to register online.
KCC requires immediate payment so make sure you have your credit card handy.

RETURNING USERS: Update Family Account Information:

You can update your family account information at any time. It is recommended you update family account information prior to the KASEP Registration date to save time.

1. Update your family account: add or remove children
2. Update contact information: emails, telephone numbers
3. **CRITICAL**: Your child's grade must be up-to-date. Certain classes have eligibility requirements which may not allow you to register online and on time.
4. Emergency Contact Name (other than parent)
5. Medicines, Allergies and Medical Needs

NEW USERS: Create a Family Account

- Online Registration: www.KensingtonCommunityCouncil.org
- **Family Account** – one account per family. Required information:
Address, Cell Phone Number, Email address,
Child's name and grade.

Auto filled Responses: During registration and after you select your class(es), continue to checkout, the system prompts you for additional information:

- Authorized to Pick up after class – self, parent?
- Emergency Contact Name and cell phone number (other than parent)
- Medicines, Allergies and Medical Needs

Complete this information for each child. The system will pre-fill this information next time you register. You are able to update auto-pre-fill data during registration. The system will not allow you to change the information after you check out.

After registering, if you want to make changes to pre-filled information, you must contact the KCC Office.

REGISTERING FOR CLASSES

- 1. Browse for classes. Kindergarten classes are listed separately and are in alphabetical order by class title; Grades 1-6 classes are listed alphabetically by class title.**
- 2. Add the class(es) you want and put them in your cart, for each child. Once you have the class in your cart, your child's name goes onto the class roster. You have 15 minutes to complete your transaction (paid and checked out). If longer than 15 minutes, the system removes your child from the class.**
- 3. Need Minimum Day coverage? Sign up online.**
- 4. KCC Scholarship Donation Fund - Help families who demonstrate need for financial assistance to enroll in one KASEP Class. You can donate any amount during checkout.**
- 5. Check Out: pay with Visa, MasterCard or Discover credit card.
It's that easy!**

A WORD OR TWO ABOUT OUR KASEP TEACHERS

BINDY BAKER [Gymnastics] is the daughter of our long-time gymnastics teacher, Judy Baker. Bindy is a highly experienced and well trained former gymnast. She has been a gymnastics instructor and a pre-school teacher for over 20 years. Bindy is patient and loves teaching children. Her mom and auntie will join her—both are former gymnasts and have been teaching KASEP gymnastics for nearly 20 years.

SEAN BRODT [World of Tabletop Role Playing Games, Magic Advanced, Homework Club], supervises our Homework Club. He is also a gamer and wants to share his enthusiasm and skills with both beginning and more advanced gamers.

VICKY BRODT [Cooking, Creative Art Exploration, Reading, and Sewing] has a Bachelor's Degree in Early Childhood Education and has taught preschool for over 15 years. She also received a certificate in Landscape Horticulture and does small-scale landscape projects. She owns a small business called the "Whimsical Rooster" where she sells handmade fabric items. Vicky loves to share her enthusiasm for cooking and crafting with kids of all ages.

ELAINE CHU [Crafty Creations] loves teaching students of all ages. Visual arts and crafts are perfect mediums for expression. Elaine received a B.A. in music at Yale University and a B.F.A. in graphic design at University of the Arts. In addition to teaching at KASEP for over ten years, she has offered in-person and online workshops at SF Center for the Book, Alameda Art Lab, and Minnesota Center for Book Arts. Log onto Instagram @egchu1 to view students' projects as well as Elaine's art. Website: EGChuHandcrafted.etsy.com

LEAH FORREST [Introductory American Sign Language] is a Kensington Hilltop Alumni and has been helping kids in Homework Club at KASEP for the past few years. She has a BA degree in Elementary Education and enjoys working with kids of all ages. American Sign Language (ASL) has been a passion of Leah's since elementary school. Since graduating from college, Leah has been taking full immersion ASL classes to complete her AA degree in sign language.

FERNANDO GUTIERREZ [Karate] has been a teacher for over ten years and currently works at the Growing Light Montessori Preschool. He has over five years of teaching experience as a martial arts instructor and specializes in Karate as well as Jujitsu.

LORI HESS [Mindfulness Yoga] is a kids' yoga teacher who has a Master's Degree in Special Education from the University of San Francisco and was certified to teach children's yoga by "It's Yoga Kids". She loves to plant the seeds for a solid foundation and life-long love of yoga by helping children develop strong, flexible, and peaceful bodies and minds. She founded Way to Glow Kids Yoga and has taught yoga to children from toddler through teen.

DOUG MCNEELY [Circus Arts]. Slim the Clown (Doug McNeely) has been performing and teaching Circus Arts for the last 15 years. He has toured the US and Europe, and has taught at many schools and parks and recreation centers.

VERONICA MEDINA-ROSS [Eco Kids, Fun Environmental Science] has been working to protect the environment for 20+ years. She has been a researcher, government official, consultant and teacher. She holds a Ph.D. in Environmental Sciences from University of East Anglia, Norwich (U.K.). Veronica loves to teach students about the environment around them and guide and motivate them to help take care of our Planet.

KIM ROOTS [Tennis] has a degree in Mathematics and Philosophy from the University of California at Santa Cruz. He has been teaching and coaching sports and tennis in our program and in the community for many years. Kim plays and loves chess. He has taught chess class at KASEP in the past.

APRIL SCHLANGER [I Love Animals; Fairies, Gnomes and Glitter; Make Your Room Awesome; Let's Make Jewelry and Accessories] has a broad brush of skills and enthusiasm for working with and teaching young children. She is the owner of Happyfoodwine, which sells, teaches, hosts, and promotes all of the "Happy" things in life: wine, food, crafts, canning, etc.

KARMA SMART [Dance and Fitness] has a passion to share her experience of personal healing and liberation through music and dance. Karma currently teaches dance to adults, teens and children of all ages dance at various community organizations, dance studios, wellness centers, fitness centers and schools, including at BrasArte, also known as the World Dance Center, in Berkeley.

NIKKI SUND [Hula Hooping] is a life long art lover and learner. After she moved from the Midwest to the Bay Area five years ago, her love for the arts blossomed and along came several passion projects. She began hula hooping and shortly after, began teaching as well as performing at shows & festivals. Along with her love for hooping, Nikki owns a small jewelry business and is a singer. Nikki is currently a psychology undergraduate student at SFSU and plans to become an expressive arts therapist to help cultivate joy and healing for others.

SANDY THACKER [Carpentry] has taught carpentry to kids for more than 30 years. Sandy, who has a Master's Degree in Education from Stanford University, taught high school and middle school, and then worked for several years as a carpenter. She has developed a wonderful and very successful program for teaching woodworking skills to children.

Kindergarten CLASSES WINTER 2023

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8 Weeks	10 Weeks	10 Weeks	10 Weeks	10 Weeks
1:30-2:20	Knots, Strings & Fabric Things Eco Kids Tennis Circus Soccer	Muffin Madness Fairies, Gnomes & Glitter Gymnastics Get Ready for Basketball	Reading Adventures Let's Make Jewelry and Accessories Introduction to Frisbee Skills	Fun with Food I Love Animals Mindfulness Yoga Get Ready for Track and Field Intro to STEM using LEGO	Dance and Fitness Creative Art Exploration Get Ready for Racket Sports

Circus Arts for Kindergartners

Instructor Doug "Slim" McNeely
Location Community Center Main Room
Mondays 1:30-2:20
Class size 6-10
Cost \$165 (8 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, rolla bolla, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

Creative Art Exploration (formerly Mixed Media) for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Friday 1:30-2:20
Class Size 6-7
Cost \$230 (materials provided) 10 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

Dance and Fitness Fun for Kindergartners

Instructor Karma Smart
Location Community Center Main Room
Friday 1:30-2:20
Class Size 10-12
Cost \$230 (10 weeks)

Get kids moving, increasing strength & flexibility, and working on coordination & balance while dancing and having fun! From tumbling, to games, and challenge activities, the class will move along in a program influenced by dance, gymnastics, and fitness flare!!!! With healthy hearts and active minds students will grow their "I can" attitudes while working on body awareness and gross motor development. Utilization of individual mats, personal hula hoops, and other props will be used.

Eco Kids for Kindergartners

Instructor Veronica Medina-Ross
Location Recreation Building Room B
Monday 1:30-2:20
Class Size 6-7
Cost \$170 (materials provided) 8 weeks

Through environmental science, young children will learn about taking care of our home, Planet Earth. This program will help kids understand their relationship to the environment by engaging them in fun hands-on activities. Songs, art projects and stories will help encourage hands-on investigations about the wonders, why's of events and characteristics of living and non-living things in our local and global environment.

Fairies, Gnomes and Glitter for Kindergartners

Instructor April Schlanger
Location Recreation Building Room C
Tuesday 1:30-2:20
Class Size 6-8
Cost \$220 (materials provided) 10 weeks

YES...Fairies! And Gnomes, and really any garden nymph that brings us joy and happiness. This class will celebrate imagination and believing in what is possible in a crafty way. Each class will be filled with one of the following; crafts, wearable art, garden art, baking and dancing. And a little glitter tossed in for fun.

Frisbee Skills for Kindergartners

Location Grassy Field near Recreation Center
Wednesday 1:30-2:30
Class Size 5-10
Cost \$200 (10 weeks)

Kassirer Frisbee Skills for Grade K was created by, a former pro athlete, so students can have fun learning the skills they will need to play Ultimate Frisbee. Coaches will provide little softer discs and rings to help kids gain confidence in throwing and catching frisbees. Coaches will emphasize Teamwork, Fair play, Socializing & Sportsmanship. *Playing improves fitness, reactions, focus, hand-eye coordination, quickness & agility.* Class is taught on the grassy field.

Fun with Food for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Thursday 1:30-2:20
Class Size 6-7
Cost \$235 (materials provided) 10 weeks

Let's play with our food and make fun creations that we can eat! Learn some cooking skills as we create some delicious and sometimes silly but always delicious treats. Please let us know if your child has special food requirements.

Get Ready for Basketball for Kindergartners

Location Basketball Court
Tuesday 1:30-2:20
Class Size 5-10
Cost \$200 (10 weeks)

Kassirer Get Ready for Basketball: coaches help little kids develop the skills they need to play basketball. We teach professional quality techniques including: ball handling, dribbling, passing, rebounding and proper shooting form (without a hoop). We also include activities and fun games to help these young athletes develop balance, agility, strength and fitness. Our coaches teach with positivity to encourage and motivate the little ones to practice, practice, practice and to develop proper muscle memory.

Get Ready for Racket Sports for Kindergartners

Location Tennis Courts
Friday 1:30-2:20
Class Size 5-10
Cost \$200 (10 weeks)

Kassirer Get Ready for Racket Sports was created by Laura Kassirer, a former Wimbledon player, so students can develop the skills they need to successfully learn to play racket sports. Coaches set up portable nets on the tennis courts to create Pickleball, Badminton and kid-sized Tennis courts. Each sport helps little ones develop the skills needed to learn to play a variety of racket sports. Kids will learn professional quality fundamentals, play group games that will help them improve their hand-eye coordination, reaction, fitness and movement which are needed for all sports. Our coaches also make sure kids are socializing and having fun! We provide loaner Engage Pickleball paddles, badminton rackets and Wilson Tennis rackets during class. Just wear athletic shoes and attire to class and come ready to run, smile and play and our coaches will provide the rest!

Get Ready for Track and Field for Kindergartners

Location Grassy Field near Recreation Center
Thursday 1:30-2:20
Class Size 5-10
Cost \$200 (10 weeks)

Kassirer Get Ready for Track & Field was created by a former pro athlete, so students can have fun improving their speed, agility and fitness. Our goal is to help youth become better athletes and have fun. Each week, players will get to play track games, utilize agility ladders, and run obstacle courses, plus participate in various track activities including relay races, sprints and long jump! Kids are encouraged to work towards accomplishing individual and team goals and take pride in their improvements. Just wear athletic shoes and attire to class and we will provide the rest!

Gymnastics for Kindergartners

Instructor Bindy Baker
Location Community Center Main Room
Tuesday 1:30-2:20
Class Size 8-12
Cost \$225 (materials provided) 10 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

I Love Animals for Kindergartners

Instructor April Schlanger
Location Recreation Building Room C
Thursday 1:30-2:20
Class Size 6-8
Cost \$220 (materials provided) 10 weeks

Animals are amazing and adorable. Do you like to show your appreciation for animals by making cute things? We will make cool animal crafts, learn how to take care of animals and discuss all the things that make them unique.

Knots, Strings and Fabric Things for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Monday 1:30-2:20
Class size 6-7
Cost \$190 (materials provided) 8 weeks

Kinder pre sewing class. Kids will learn early sewing skills tying knots and bows, threading a needle, sewing simple stitches as they make fun fabric creations.

Let's Make Jewelry and Accessories for Kindergartners

Instructor April Schlanger
Location Recreation Building Room C
Wed. 1:30-2:20
Class Size 6-8
Cost \$220 (materials provided) 10 weeks

Beads and Baubles and more, oh my! Do you want to express yourself creatively and then wear what you made. Join this class. We will makes hats, jewelry , bags and even shoelaces. So fun.

Mindfulness Yoga for Kindergartners

Instructor Lori Hess
Location Community Center Main Room
Thursday 1:30-2:20
Class Size 6-7
Cost \$230 (10 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

Muffin Madness for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 1:30-2:20
Class Size 6-7
Cost \$235 (materials provided) 10 weeks

Sure, muffins are on the menu, but the “madness” is that everything we make will be in a muffin tin. From mini “A”pple pies to “Z”esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured!

If your child has some dietary restrictions, don't hesitate to try this class. Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

Reading Adventures for Kindergartners

Instructor Vicky Brodt
Location Community Center Room 3
Wed. 1:30-2:20
Class Size 6-7
Cost \$215 (materials provided) 10 weeks

A life long love of reading is the door to adventure. This class will help set your child on that adventure. Fun projects and activities will help develop and reinforce early reading skills. Each week the class will start with a reading circle. Your child is encouraged to bring a favorite book, when it's their week to share. We will focus on letter recognition, letter sounds, rhyming, reading comprehension, story structure and more. Kindergartners of all reading abilities are welcome.

Skyhawks Soccer for Kindergartners

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Monday 1:30-2:20
Class Size 6-10
Cost \$200 (8 weeks)

Skyhawks was founded as a soccer club in 1979. Thirty years later they are still teaching the fundamentals of the world's most popular sport to children of all ages. In this class, young athletes will gain the technical skills and sports knowledge required for their next step into soccer. The class focuses on passing, shooting and ball control. Safety, teamwork and sportsmanship are always emphasized.

STEM Using LEGO for Kindergartners

Instructor STEM Staff
Location Recreation Building Room B
Thursday 1:30-2:20
Class Size 10-15
Cost \$185 (10 weeks)

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Fire Trucks, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas with help and support.

Tennis for Kindergartners

Instructor Kim Roots
Location Tennis Courts (Community Center Room 1 on rainy days)
Monday 1:30-2:20
Class Size 6-8
Cost \$165 (equipment provided) 8 weeks

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. Rackets are provided.

KASEP WINTER 2023 WEEKLY SCHEDULE OF CLASSES

	1:30PM-2:20PM Kindergarten	2:30PM-3:40PM Grades 1-3	2:50PM-3:40PM Grades 4-6	1:50PM-3PM Grades 1-3	2:10PM-3PM Grades 4-6	3:50PM-5PM	3:10PM-4:20PM
MONDAY	Eco Kids (B) Knots, Strings and Fabric Things(C) Tennis (TC) Circus (CCM) Soccer (RCG)	Environmental Science (B) 2-4 Hand Sewing & Fabric Arts (C) 2-6 Circus (CCM) Homework Club (A)1-6 Tennis (TC) Soccer (RCG)	Homework Club (A)1-6 Hand Sewing & Fabric Arts (C) 2-6 Environmental Science (B) 2-4			Advanced Tennis (TC) 2-6 Circus (CCM) 4-6 Machine Sewing (C) 4-6 Soccer (RCG) 4-6 World of Tabletop Role Playing Games (A) 3-6	
TUESDAY	Gymnastics (CCM) Muffin Madness (CCK) Unicorns, Rainbows & Glitter (C) Basketball (BC)	Gymnastics (CCM) Homework Club (A)1-6 Muffin Madness (CCK) Crafty Creations (C) Fairies, Gnomes & Glitter (B) Basketball (BC)	Homework Club (A) 1-6			Gymnastics (CCM) 4-6 Muffin Madness (CCK) 2-6 Basketball (BC) 4-6 Chess (A) 2-6	
WEDNESDAY	Reading Adventures (CC3) Let's Make Jewelry & Accessories'(C) Frisbee Skills (RCG)			Carpentry (B) 1-3 Homework Club (A)1-6 Hula Hooping (CCM) 1-4 Tennis (TC)1-4	Homework Club (A)1-6 Hula Hooping (CCM) 1-4 Tennis (TC)1-4		Carpentry (B) 3-6 Cooking (CCK)4-6 Tennis (TC) 2-6 Jewelry (C)1-6 ASL (A) 3-6 Ultimate Frisbee (RCG) 1-5
THURSDAY	Mindfulness Yoga (CCM) I love animals (C) Track and Field (RCG) STEM - LEGO (B) Fun with Food (CCK)	Chocolate Creations (CCK) Homework Club (A)1-6 Mindfulness Yoga (CCM) 1-4 STEM - LEGO (B)1-3 Make Your Room Awesome (C) 2-6 Track & Field (RCG)	Homework Club (A) 1-6 Make Your Room Awesome (C) 2-6 Mindfulness Yoga (CCM) 1-4			Chocolate Creations (CCK) 2-6 Track & Field (RCG) 4-6 Karate (CCM) 2-5 STEM - LEGO (B)4-6	
FRIDAY	Dance & Fitness (CCM) Creative Art Explorations(C) Racket Sports (TC)	Coding (B) Dance Fitness (CCM) 2-5 Homework Club (A) 1-6 Creative Art Explorations (C) Pickleball (TC)	Dance Fitness (CCM) 2-5 Homework Club (A) 1-6			Coding (B)4-6 Magic Advanced (A) 3-7 Pickleball (TC) 4-6 Creative Art Explorations (C)3-6	

CC Community Center (Rooms: Main, 1, 2, 3, Kitchen) RC Recreation Center (Rooms: A, B, C) BC Basketball Court RCG Grassy Field near Recreation Center TC Tennis Courts

CLASSES FOR GRADES 1-6

Winter 2023

We will have a bridge activity (Homework Club) beginning right after school only for kids who are enrolled in a later KASEP class that day. There will be an additional fee for this activity and you can only enroll on the day your child has a KASEP class. See Homework Club in class descriptions for more detailed information.

Basketball for Grades 1-3

Location Basketball Court
Tuesday 2:30-3:40
Class Size 6-16
Cost \$220 (10 weeks)

Kassirer Basketball was created by a former pro athlete, so students can have fun learning a sport they can play for a lifetime. Coaches provide kid-sized lighter basketballs! We group by grade and teach to each child's abilities. Students will learn professional quality fundamentals; defensive and offensive tactics, play fun games and scrimmage weekly. Our coaches emphasize sportsmanship, communication, technique and teamwork while instilling that every child can succeed through persistence and practice. Our coaches also make sure kids are socializing and having fun! Just wear athletic shoes and attire to class and our coaches will provide the rest.

Basketball for Grades 4-6

Location Basketball Court
Tuesday 3:50-5:00
Class Size 6-16
Cost \$220 (10 weeks)

Kassirer Basketball was created by a former pro athlete, so students can have fun learning a sport they can play for a lifetime. We group by grade and teach to each child's abilities. Students will learn professional quality fundamentals; defensive and offensive tactics, play fun games and scrimmage weekly. Our coaches emphasize sportsmanship, communication, technique and teamwork while instilling that every child can succeed through persistence and practice. Our coaches also make sure kids are socializing and having fun! Just wear athletic shoes and attire to class and our coaches will provide the rest.

Carpentry for Grades 1-3

Instructor Sandy Thacker
Location Recreation Building Room B
Wednesday 1:50-3:00
Class Size 7-8
Cost \$265 (materials provided) 10 weeks

There's magic in creating something from nothing. You see something you really like, but instead of buying it, you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, if it's a paddle boat, a marble maze, a birdhouse, a xylophone, or another item you come up with, it's always a great feeling to take it home to play with or use, or give as a special gift.

Carpentry Workshop for Grades 3-6

Instructor Sandy Thacker

Location Recreation Building Room B

Wed 3:10-4:20

Class Size 6-8

Cost \$265 (materials provided) 10 weeks

There is a great satisfaction in working with wood. As you get more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else, it's a special feeling to know that you made it yourself to use or to give as a wonderful present to family or friends.

Chess for Grades 2-6

Instructor Kim Roots

Location Recreation Building Room A

Tuesday 3:50-5:00

Class Size 6-8

Cost \$225 (materials provided) 10 weeks

Let's play chess! Learn to play or improve on what you already know -- this class is for players of all levels! In class we will learn how to come up with a plan, find the best opening, and how to play an endgame. Using critical skills and tactics we can develop and improve your calculation, strategic, and critical thinking skills! Our chess class provides a great place for students to learn and have tons of fun!

Chocolate Creations for Grades 1-3

Instructor Vicky Brodt

Location Community Center Kitchen

Thursday 2:30-3:40

Class Size 6-8

Cost \$240 (materials provided) 10 week session

Chocolate, Chocolate and more Chocolate! Let's have fun learning to work with chocolate. Truffles, dipped treats, cookies, chocolate mousse and cakes for sure; but we will also discover some other unusual things to make with chocolate. Parents: be aware there will be sweet treats in this class.

Chocolate Creations for Grades 2-6

Instructor Vicky Brodt
Location Community Center Kitchen
Thursday 3:50-5:00
Class Size 6-8
Cost \$240 (materials provided) 10 week session

Chocolate, Chocolate and more Chocolate! Let's have fun learning to work with chocolate. Truffles, dipped treats, cookies, chocolate mousse and cakes for sure; but we will also discover some other unusual things to make with chocolate. Come enjoy the chocolate fun. Parents: be aware there will be sweet treats in this class.

Circus Arts for Grades 1-3

Instructor Doug "Slim" McNeely
Location Community Center Main Room
Mondays 2:30-3:40
Class size 6-10
Cost \$175 (8 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, rolla bolla, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

Circus Arts for Grades 4-6

Instructor Doug "Slim" McNeely
Location Community Center Main Room
Mondays 3:50-5:00
Class size 6-10
Cost \$175 (8 weeks)

Circus Arts Class is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, rolla bolla, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

Coding Frenzy - Introduction to Programming using Scratch for Grades 1-3

Instructor CoderSchool Staff
Location Recreation Building Room B
Friday 2:30-3:40
Class size 10
Cost \$250 (10 weeks)

We will be using Scratch (developed at MIT) to introduce curious kids to the world of coding through the use of animation, music and games. Scratch/Snap! are drag and drop coding platforms that set the foundation for logical thinking - an essential skill that contributes to success in school, sports, and in today's tech-driven world. Students will gain general skills like problem solving, teamwork, code debugging, and perhaps most importantly, will learn and practice the logical thinking skills required to program a computer at any level! In addition students will gain and practice important coding concepts including:- Variables, Loops, If/Then Logic, Cartesian Coordinates and Sprite Movement.

Coding: Intro to Python - Introduction to Programming Using Python Grades 4-6

Instructor CoderSchool Staff
Location Recreation Building Room B
Friday 3:50-5:00
Class size 8
Cost \$250 (10 weeks)

Who's ready for some Python? Take advantage of the easy-to-read style of coding while picking up on one of the most popular languages today for professional and beginner coders alike. We'll start out by using online python platforms to learn some basics and practice some fundamental concepts. Then the class will move on to some more complex Python coding and introduce students to PyGame, a python library for using Python to code games. Students will gain general skills like problem solving, code debugging, and perhaps most importantly, will learn and practice the logical thinking skills required to program a computer at any level! Students will gain experience in an introduction to a typed language, for those who have only used Scratch.

- Python syntax (loops, variable, structure, etc), Function calls and Cartesian Coordinates through Python.

Cooking Around the World for Grades 4-6

Instructor Vicky Brodt
Location Community Center Kitchen
Wed. 3:10-4:20
Class Size 6-8
Cost \$245 (materials provided) 10 week session

We will "travel around the world" as we cook traditional recipes from around the world and learn about the origins of the dishes we create. Some recipes may be familiar and others will be new and different, but all of them will be yummy. Each child will have a cookbook filled with the recipes we cook to take home at the end of the session.

Crafty Creations for Grades 1-3

Instructor Elaine Chu
Location Recreation Building Room C
Tuesday 2:30-3:40
Class Size 6-8
Cost \$245 (materials provided) 10 weeks

We'll combine images and a bit of story-telling to make pop-up creatures, "stained glass," magic flexagons, custom blockprints, handmade books, and more. Markers, paints, rubber stamps, wood, paper and recycled materials are just some of the supplies we'll use to create amazing 2D and 3D art! New projects throughout the year.

Creative Art Explorations (formerly Mixed Media) for Grades 1-3

Instructor Vicky Brodt
Location Recreation Building Room C
Friday 2:30-3:40
Class Size 6-8
Cost \$235 (materials provided) 10 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

Creative Art Explorations (formerly Mixed Media) for Grades 3-6

Instructor Vicky Brodt
Location Recreation Building Room C
Friday 3:50-5:00
Class Size 6-8
Cost \$235 (materials provided) 10 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, mosaic and much more.

Dance and Fitness Fun for Grades 2-5

Instructor Karma Smart
Location Community Center Main Room
Friday 2:30-3:40 Grades 2-3
Friday 2:50-3:40 Grades 4-5
Class Size 10-12
Cost \$240 (10 weeks)

Get kids moving, increasing strength & flexibility, and working on coordination & balance while dancing and having fun! From tumbling, to games, and challenge activities, the class will move along in a program influenced by dance, gymnastics, and fitness flare!!!! With healthy hearts and active minds students will grow their "I can" attitudes while working on body awareness and gross motor development. Utilization of individual mats, personal hula hoops, and other props will be used.

Environmental Science for Grades 2-4

Instructor Veronica Medina-Ross
Location Recreation Building Room B
Monday 2:30-3:40 Grades 2-3
Monday 2:50-3:40 Grade 4
Class size 6-8
Cost \$180 (materials provided) 8 weeks

This science program is based on learning through exploration and experimentation. With fun hands-on experiments and activities, students will learn about our planet systems. Kids will learn the scientific process while creating inspiring and surprising results. Examples of topics to be covered are climate change, water, ecosystems, habitats on Earth. At the end of the program, students will be more aware of ways they can contribute to the protection of our planet.

Fairies, Gnomes and Glitter for Grades 1-3

Instructor April Schlanger
Location Recreation Building Room B
Tuesday 2:30-3:40
Class Size 6-8
Cost \$225 (materials provided) 10 weeks

YES...Fairies! And Gnomes, and really any garden nymph that brings us joy and happiness. This class will celebrate imagination and believing in what is possible in a crafty way. Each class will be filled with one of the following; crafts, wearable art, garden art, baking and dancing. And a little glitter tossed in for fun.

Gymnastics for Grades 1-3

Instructor Bindy Baker
Location Community Center Main Room
Tuesday 2:30-3:40
Class size 8-12
Cost \$225 (all equipment provided) 10 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

Gymnastics for Grades 4-6

Instructor Bindy Baker

Location Community Center Main Room

Tuesday 3:50-5:00

Class size 8-12

Cost \$225 (all equipment provided) 10 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

Hand Sewing and Fabric Arts for Grades 2-6

Instructor Vicky Brodt

Location Recreation Building Room C

Monday 2:30-3:40 Grades 2-3

Monday 2:50-3:40 Grades 4-6

Class size 6-8

Cost \$190 (materials provided) 8 weeks

Join in the fun of sewing! This is the class where boys and girls learn basic sewing skills as they make small items such as bookmarks, coin purses and puppets. Returning students will expand their skills while making more complex items like small balls, little quilts and even stuffed teddy bears. There are always new projects for each session and Vicky can help children make their own ideas a reality.

Homework Club for Grades 1-6

THIS CLASS IS ONLY AVAILABLE FOR STUDENTS WHO ARE TAKING A LATER KASEP CLASS THAT DAY.

Location Recreation Building Room A

Offered every day Monday through Friday 2:30-3:40 (Wednesday 1:50-3:00)

Grades 1-6

Cost Monday \$80, Tuesday \$100, Wednesday \$100, Thursday \$100, Friday \$100

Homework Club offers a bridge activity for students that attend a later KASEP class. Homework Club is a place for students to work on their homework, reading and other projects in a casual setting. Students can work collaboratively and quietly discuss their work. They'll be able to seek support from their peers and the teacher.

Hula Hooping for Grades 1-4

Instructor Nikki Sund
Location Community Center Main Room
Wed 1:50-3:00
Class size 5-11
Cost \$180 (10 weeks)

Throughout the 10 week class session, Nikki will teach hula hoop tricks beyond typical waist hooping. We will explore illusion tricks that involve on and off body movements. These movements will involve spinning, tossing, twisting, and jumping and will engage your entire body. We will begin focusing on individual tricks, and then begin piecing the tricks together to create playful combos and lastly, learn a choreographed routine with music!

Introductory American Sign Language for Grades 3-6

Instructor Leah Forrest
Location Recreation Building Room A
Wed 3:10-4:20
Class size 6-8
Cost \$195 (10 weeks)

In this introductory American Sign Language (ASL) class, we will learn the basic signs through games and art projects. The class will cover both letter signs and numbers up to 20 as well as common sentences and phrases used to communicate between friends.

Karate for Grades 2-5

Instructor Fernando Gutierrez
Location Community Center Main Room
Thursday 3:50-5:00
Class Size 6-15
Cost \$180 (10 weeks)

Worldwide Karate-Do specializes in a mixture of traditional karate-do and contemporary jujitsu to teach self-control and self-discipline. This program is designed to train students to utilize a peaceful approach if confronted or overwhelmed by an individual or situation. Students will practice this martial art to build self-confidence and self-esteem, and to learn responsibility for the environment and personal surroundings.

Let's Make Jewelry and Accessories for Grades 1-6

Instructor April Schlanger
Location Recreation Building Room C
Wed. 3:10-4:20
Class Size 6-8
Cost \$225 (materials provided) 10 weeks

Beads and Baubles and more, oh my! Do you want to express yourself creatively and then wear what you made. Join this class. We will makes hats, jewelry , bags and even shoelaces. So fun.

Machine Sewing for Grades 4-6

Instructor Vicky Brodt
Location Recreation Building Room C
Monday 3:50-5:00
Class size 4-6
Cost \$190 (materials provided) 8 weeks

In addition to hand sewing, in this class boys and girls learn how to use a sewing machine! This ability gives them yet another lifelong skill. In each session projects such as pillows, drawstring bags, and quilts are selected to suit students' levels and interests. As skills expand, students can make their own sewing ideas become reality.

Magic the Gathering Card Game for Advanced Players Grades 3-7

Instructor Sean Brodt
Location Recreation Building Room A
Fridays 3:50-5:00
Class Size 6-8
Cost \$200 (materials provided) 10 weeks

A course for kids already into Magic the Gathering. We'll take a deep dive into the complexities within different rules and play styles in Magic. Kids will test their math, reading, and problem solving abilities while drafting their own deck of cards to take home, as well as puzzling over Magic riddles and rulings. We will accept returning 7th graders in this class.

Make Your Room Awesome for Grades 2-6

Instructor April Schlanger
Location Recreation Building Room C
Thursday 2:30-3:40
Class Size 6-8
Cost \$225 (materials provided) 10 weeks

Do you want to design and create fun things for your room? Let's learn how to make cool pillows, photo scapes, decorative cork boards and awesome frames , lamps and mirrors.

Mindfulness Yoga for Grades 1-4

Instructor Lori Hess
Location Community Center Main Room
Thursday 2:30-3:40
Class Size 6-8
Cost \$230 (10 weeks)

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

Muffin Madness and Beyond for Grades 1-3

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 2:30-3:40
Class Size 6-8
Cost \$240 (materials provided) 10 weeks

Sure, muffins are on the menu, but the “madness” is that everything we make will be in a muffin tin. From mini “A”pple pies to “Z”esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured! And Beyond: we will be creating some recipes without a muffin tin this time. Students who have taken Muffin Madness in the past will discover some yummy new recipes and cooking skills. If your child has some dietary restrictions, don't hesitate to try this class. Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

Muffin Madness and Beyond for Grades 2-6

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 3:50-5:00
Class Size 6-8
Cost \$240 (materials provided) 10 weeks

Sure, muffins are on the menu, but the “madness” is that everything we make will be in a muffin tin. From mini “A”pple pies to “Z”esty lemon tarts and lots of savory and sweet treats in between. Kids use math and science skills while absorbing the language of cooking. The treat comes at the end of class when our creations get to be devoured! And Beyond: we will be creating some recipes without a muffin tin this time. Students who have taken Muffin Madness in the past will discover some yummy new recipes and cooking skills. If your child has some dietary restrictions, don't hesitate to try this class. Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

Pickleball for Grades 1-3

Location Tennis Courts
Friday 2:30-3:40
Class Size 6-12
Cost \$220 (10 weeks)

Kassirer Pickleball was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime. Coaches set up portable nets on the tennis courts to create Pickleball courts. Pickleball is a cross between ping pong, badminton and tennis and is a sport the whole family can play together. It is fun and easy to learn and also helps develop the skills needed to learn tennis.

Pickleball is a social sport that allows kids to quickly start rallying, serving and playing games on a court which is 1/4 the size of a tennis court. The game is played with whiffle balls which move slower and have less bounce than a tennis ball. Kids will improve their hand-eye coordination, reaction, fitness and movement. Our coaches also make sure the kids are socializing and having fun! We provide loaner Engage Pickleball paddles during class.

Optional: Trident Pickleball paddles can be purchased @ \$45 per paddle. They retail for \$99 per paddle. Ask instructor for details.

Pickleball for Grades 4-6

Location Tennis Courts
Friday 3:50-5:00
Class Size 6-12
Cost \$220 (10 weeks)

Kassirer Pickleball was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime. Coaches set up portable nets on the tennis courts to create Pickleball courts. Pickleball is a cross between ping pong, badminton and tennis and is a sport the whole family can play together. It is fun and easy to learn and also helps develop the skills needed to learn tennis.

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Optional: Trident Pickleball paddles can be purchased @ \$45 per paddle. They retail for \$99 per paddle. Ask instructor for details.

Skyhawks Soccer for Grades 1-3

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Monday 2:30-3:40
Class Size 6-12
Cost \$210 (8 weeks)

Skyhawks was founded as a soccer club in 1979. Thirty years later they are still teaching the fundamentals of the world's most popular sport to children of all ages. In this class, young athletes will gain the technical skills and sports knowledge required for their next step into soccer. The class focuses on passing, shooting and ball control. Safety, teamwork and sportsmanship are always emphasized.

Skyhawks Soccer for Grades 4-6

Instructor Skyhawks Staff
Location Grassy Field near Recreation Building
Monday 3:50-5:00
Class Size 6-12
Cost \$210 (8 weeks)

Skyhawks was founded as a soccer club in 1979. Thirty years later they are still teaching the fundamentals of the world's most popular sport to children of all ages. In this class, young athletes will gain the technical skills and sports knowledge required for their next step into soccer. The class focuses on passing, shooting, ball control, and game strategy. Safety, teamwork and sportsmanship are always emphasized.

STEM FUNDamentals Using LEGO for Grades 1-3

Instructor STEM Staff
Location Recreation Building Room B
Thursday 2:30-3:40
Class Size 8-10
Cost \$195 (materials provided) 10 weeks

Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Hot Air Balloons, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas.

STEM Challenge Using LEGO for Grades 4-6

Instructor STEM Staff
Location Recreation Building Room B
Thursday 3:50-5:00
Class Size 8-10
Cost \$195 (materials provided) 10 weeks

Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Hot Air Balloons, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas in a supportive environment.

Tennis, Beginning and Intermediate for Grades 1-3

Instructor Kim Roots
Location Tennis Courts (Community Center Room 1 on rainy days)
Monday 2:30-3:40
Class Size 6-8
Cost \$195 (equipment provided) 8 weeks

Tennis, Advanced for Grades 2-6

Instructor Kim Roots
Location Tennis Courts (Community Center Room 1 on rainy days)
Monday 3:50-5:00
Class Size 6-8
Cost \$175 (equipment provided) 8 weeks

Tennis, Beginning for Grades 1-4

Instructor Kim Roots
Location Tennis Courts (Community Center Room 1 on rainy days)
Wed. 1:50-3:00
Class Size 6-8
Cost \$220 (equipment provided) 10 weeks

Tennis, Beginning and Intermediate for Grades 2-6

Instructor Kim Roots
Location Tennis Courts (Community Center Room 1 on rainy days)
Wed. 3:10-4:20
Class Size 6-8
Cost \$220 (equipment provided) 10 weeks

Track and Field for Grades 1-3

Location Grassy Field near Recreation Center
Thursday 2:30-3:40
Class Size 6-16
Cost \$220 (10 weeks)

Kassirer Track & Field was created by a former pro athlete, so students can have fun improving their speed, agility and fitness. Our goal is to help youth become better athletes and have fun. Each week, players will get to play track games, utilize agility ladders, and run obstacle courses, plus participate in various track activities including relay races, sprints and long jump! Kids are encouraged to work towards accomplishing individual and team goals and take pride in their improvements. Just wear athletic shoes and attire to class and we will provide the rest!

Track and Field for Grades 4-6

Location Grassy Field near Recreation Center
Thursday 3:50-5:00
Class Size 6-16
Cost \$220 (10 weeks)

Kassirer Track & Field was created by a former pro athlete, so students can have fun improving their speed, agility and fitness. Our goal is to help youth become better athletes and have fun. Each week, players will get to play track games, utilize agility ladders, and run obstacle courses, plus participate in various track activities including relay races, sprints and long jump! Kids are encouraged to work towards accomplishing individual and team goals and take pride in their improvements. Just wear athletic shoes and attire to class and we will provide the rest!

Ultimate Frisbee for Grades 1-5

Location Grassy Field near Recreation Center
Wednesday 3:10-4:20
Class Size 6-16
Cost \$220 (10 weeks)

Kassirer Ultimate Frisbee was created by, a former pro athlete, *so students can have fun*, playing this Fast Paced, Easy to Learn Social Sport where 2 teams compete to see who can score the most times in the end zone. It's like playing no-contact Football with a frisbee. Ultimate was established by Ivy League students and tends to appeal to academically driven students because Strategy, Teamwork, Fair play, Socializing & Sportsmanship are emphasized. *Playing improves fitness + skills needed in football, soccer, lacrosse, field hockey & basketball, including: defensive & offensive tactics, hand-eye coordination, reactions, quickness & agility.* Class is taught on the grassy field.

The World of Tabletop Role Playing Games – An Introduction for Grades 3-6

Instructor Sean Brodt

Location Recreation Building Room A

Mondays 3:50-5:00

Class Size 4-6

Cost \$175 (materials provided) 8 weeks

Kids will get to use their imagination and creativity as we adventure through the miniature world of Mausritter, the Forgotten Realms of Dungeons and Dragons, and more! (We might even test our math and reading skills along the way.)