

Kindergarten CLASSES SPRING 2022

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9 Weeks	10 Weeks	10 Weeks	10 Weeks	8 Weeks
1:30-2:20	Mixed Media Eco Kids Hanabi Judo	Muffin Madness Intro to STEM using LEGO Gymnastics	Fun with Food Crazy Paper Crafts Sports and Game Circus Arts	Early Reading Creative Art & Clay Fashion Jewelry Class Mindfulness Yoga	Critter Adventures Dance and Fitness Tennis

Crazy Paper Crafts for Kindergartners

Instructor April Schlanger

Location Recreation Building Room C

Wed. 1:30-2:20

Class Size 6-7

Cost \$215 (materials provided) 10 weeks

Have you ever made a giant flower, bigger than your head, what about a Dragon or Lion face? Did you know you can make paper bowls, create art with paper straws, build paper pop up cards and even upcycled old magazines and paper towel tubes into cool objects. Well if you need paper folding and glue using adventure, this class will make you want to stop recycling old cereal boxes and start creating crazy paper crafts. Projects adjusted for age group.

Creative Art and Clay for Kindergartners

Instructor Maria Rachidi

Location Recreation Building Room B

Thursday 1:30-2:20

Class Size 6-7

Cost \$230 (materials provided) 10 weeks

This class offers a basic introduction to clay construction. Clay helps children to develop fine motor skills, problem-solving skills, imagination, initiative, and curiosity. Kids will explore fun, social and creative learning experiences in small groups. We will be working with clay while creating stories. Students will make several unique pieces using the various techniques taught in this course. There will also be discussions about their finished projects, allowing students to talk about their own process of bringing their ideas into being.

Critter Adventures for Kindergartners

Instructor Carey Piech
Location Recreation Building Room A
Friday 1:30-2:20
Class Size 6-7
Cost \$205 (materials provided) 10 weeks

Did you know that animals live in pinecones, under rocks, inside tree bark, and under leaves? They are all around us and lead fascinating, busy lives. In this class, we'll explore the hillsides around the school, observe animals in their habitats, and keep a nature journal. Outdoor animal discoveries will be paired with stories, games, and art projects.

Dance and Fitness Fun for Kindergartners

Instructor Karma Smart
Location Community Center Main Room
Friday 1:30-2:20
Class Size 10-12
Cost \$200 8 weeks

Get kids moving, increasing strength & flexibility, and working on coordination & balance while dancing and having fun! From tumbling, to games, and challenge activities, the class will move along in a program influenced by dance, gymnastics, and fitness flare!!!! With healthy hearts and active minds students will grow their "I can" attitudes while working on body awareness and gross motor development. Utilization of individual mats, personal hula hoops, and other props will be used.

Early Reading Fun for Kindergartners

Instructor Vicky Brodt
Location Community Center Room 3
Thursday 1:30-2:20
Class Size 6-7
Cost \$205 (materials provided) 10 weeks

A life long love of reading is the door to adventure. This class will help set your child on that adventure. Fun projects and activities will help develop and reinforce early reading skills. Each week the class will start with a reading circle. Your child is encouraged to bring a favorite book, when it's their week to share. We will focus on letter recognition, letter sounds, rhyming, reading comprehension, story structure and more. Kindergartners of all reading abilities are welcome.

Eco Kids for Kindergartners

Instructor Veronica Medina-Ross
Location Recreation Building Room B
Monday 1:30-2:20
Class Size 6-7
Cost \$180 (materials provided) 9 weeks

Through environmental science, young children will learn about taking care of our home, Planet Earth. This program will help kids understand their relationship to the environment by engaging them in fun hands-on activities. Songs, art projects and stories will help encourage hands-on investigations about the wonders, why's of events and characteristics of living and non-living things in our local and global environment. We will take a field trip to Blake Gardens and walk outside investigating the Kensington park area.

Fashion Jewelry Class for Kindergartners

Instructor April Schlanger
Location Recreation Building Room C
Thursday 1:30-2:20
Class Size 6-8
Cost \$210 (materials provided) 10 weeks

Fashion Jewelry trends are ever changing, but the techniques used to create fashion jewelry are always the same. This class will allow you to master how to string beads, add clasps, create linked chains, wrap beads and wire wrap stones. We will also be learning how to connect metal to metal with rivets and torches. This is the class for those that really want to make their own jewelry. Not every age range will get to use a torch. Projects will be adjusted for age.

Fun with Food for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Wed. 1:30-2:20
Class Size 6-7
Cost \$220 (materials provided) 10 weeks

Would you like to be able to eat the art you create? Well, in Fun With Food that's exactly what you will do. This class will not be held in the kitchen, but we will still learn some cooking skills. From how to make sushi rolls to learning to use a piping bag to decorate a cake. We might also learn to make pot stickers or edible decorations out of veggies. Come be a food artist, see what you can create: then eat your yummy creation.

Gymnastics for Kindergartners

Instructor Bindy Baker
Location Community Center Main Room
Tuesday 1:30-2:20
Class Size 8-12
Cost \$220 (materials provided) 10 weeks

One-time annual administrative fee for all new students is \$52. The administrative/insurance fee will be added to your online registration payment. You will see a \$52 charge at checkout.

Class provides an introduction to gymnastics with a focus on flexibility, strength and basic skills such as cartwheels, handstands and bridge kickovers, as well as basic bar, beam and vault technique. Students should wear loose clothing such as leotards, sweatpants or shorts. Long hair must be tied up in a ponytail.

Hanabi Judo for Kindergartners

Instructor Hanabi Judo Staff
Location Community Center Main Room
Monday 1:30-2:20
Class Size 12-14
Cost \$240 9 weeks

Hanabi Judo: Friendship, Respect, Confidence!

Hajime! (Begin!) establishes a strong base of judo technique, culture, and character. We start by learning to introduce ourselves in Japanese. Fun tumbling, jumping and running activities warm us up before we practice our ukemi or falling techniques: Hajime students learn to fall safely and effortlessly. Judo allows a smaller person to control an opponent bigger and stronger than themselves. We learn to hold a person down with “kesa-gatame” (scarf hold) and we practice throws – where our opponent can be flipped upside-down – on Sensei.

Both a Martial Art and an International Sport, judo teaches controlling your opponent through throws and pins – there is no hitting or kicking. It is very safe and yet very effective. Every Hajime class finishes with games that develop physical coordination, balance and laughter. We sing in Japanese about inspiration, and bow to each other respectfully. and say "arigato" thank you. Respect and discipline are as much a part of Hanabi as smiling.

Judo Uniforms are recommended and will be prepared for each student. The cost is \$85.

Mindfulness Yoga for Kindergartners

Instructor Lori Hess
Location Community Center Main Room
Thursday 1:30-2:20
Class Size 6-7
Cost \$230 10 weeks

In Mindfulness Yoga, we playfully explore yoga poses, breathing exercises, mindfulness, and relaxation techniques. Kids will learn active and restful poses and how to regulate their emotions. We use our imaginations, share ideas, work on partner and group

poses, and play cooperative games to explore yoga concepts. We work together to build strong bodies, open minds, peaceful hearts, and compassionate kids!

Mixed Media Masterpieces for Kindergartners

Instructor Vicky Brodt
Location Recreation Building Room C
Monday 1:30-2:20
Class Size 6-7
Cost \$195 (materials provided) 10 weeks

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects may include: print making, metal engraving, journals, art using recycled materials, macramé, mosaic and much more.

Muffin Madness for Kindergartners

Instructor Vicky Brodt
Location Community Center Kitchen
Tuesday 1:30-2:20
Class Size 6-7
Cost \$220 (materials provided) 10 weeks

Ever wonder what you can use a muffin pan for besides muffins? Come and find out in "Muffin Madness"! There will definitely be muffins, but we might also make cupcakes, biscuit bundles, tarts and a few surprises! We will even be creating some recipes without a muffin tin. Yum!

If your child has some dietary restrictions, don't hesitate to try this class. Vicky is happy to adjust recipes for gluten free, dairy free, and vegetarian diets.

Sports and Games for Kindergartners

Instructor Kim Roots
Location Grassy Field near Recreation Building (Community Center Room 1 on rainy days)
Wed. 1:30-2:20
Class Size 7-8
Cost \$195 (equipment provided) 10 weeks

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, baseball, basketball, kickball, and track & field. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment.

STEM Using LEGO for Kindergartners

Instructor STEM Staff

Location Recreation Building Room B

Tuesday 1:30-2:20

Class Size 10-16

Cost \$235 (10 weeks)

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Fire Trucks, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas with help and support.

Tennis for Kindergartners

Instructor Kim Roots

Location Tennis Courts (Community Center Room 1 on rainy days)

Friday 1:30-2:20

Class Size 6-7

Cost Friday \$155 (equipment provided) 8 weeks

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. Rackets are provided.

